

NORTHERN KENTUCKY UNIVERSITY

ANNUAL NOTIFICATION OF THE *DRUG-FREE SCHOOLS AND CAMPUSES ACT*

The Drug-Free Schools and Campuses Act and the U.S Department of Education's supporting regulations require that Institutions of Higher Education adopt and implement programs "to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees on school premises or as part of any of its activities" (EDGAR Part 86 Subpart A 86.3).

The Drug-free Schools and Campuses Act of 1989 requires an institution of higher education to certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. The following describes the Act's provisions.

Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees (on its property or as part of any of its activities);

A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession, use or distribution of illicit drugs and alcohol;

A description of health risks associated with the abuse of alcohol or use of illicit drugs;

A list of drug and alcohol programs (counseling, treatment, rehabilitation and re-entry) that are available to employees or students;

A clear statement of the disciplinary sanctions that the University may impose on students and employees who violate the standards of conduct;

The University will continue to conduct regular reviews of its drug and alcohol prevention programs to determine its effectiveness, implement needed changes and ensure that disciplinary sanctions are consistently enforced.

Standards of Conduct

Disciplinary Sanctions

Faculty and Staff

It is the policy of Northern Kentucky University to discourage all violations of federal, state or local laws by any member of the university community. Faculty and staff members who violate the university alcohol and drug policy may be subject to sanctions imposed by the university up to and including termination and may also face additional civil prosecution.

In order to comply with the Federal Drug-Free Workplace Act of 1988, (41 USC 701, et seq.) each employee is notified that, as a condition of employment, he/she must abide by this policy statement and notify NKU of any criminal drug statute conviction for a violation occurring in the workplace no later than 5 days after such conviction. Failure to abide by the provisions of this policy statement may result in disciplinary action up to and including termination. The university will impose a sanction on or require the satisfactory participation in a drug/alcohol abuse assistance or rehabilitation program by any employee who is so convicted.

The university must notify any federal granting or contracting agency within 10 days of having received notice that an employee engaged in the performance of such grant or contract has had any criminal drug statute conviction for a violation occurring in the workplace.

Any employee engaged in the performance of a grant or contract from the United States Department of Defense will be required to meet the requirements of the Drug-Free Work Force regulations (48 CFR 223.75) and may be subject to drug testing, as prescribed by the funding agency.

For additional information, faculty and staff members can contact Human Resources at (859) 572-5200 or <https://hr.nku.edu/>.

Students

Northern Kentucky University prohibits the unlawful possession, use, or distribution of alcohol and drugs on its property or as a part of its activities:

A clear statement of unacceptable conduct and consequences related to substance abuse is found in the NKU Code of Student Rights and Responsibilities: <http://scra.nku.edu/Infostudents/Infostudents.html> and is restated in this statement in Section I.

SECTION I:

Students may be accountable to both civil authorities and to the University for acts which constitute violations of law and of this code. Those charged with violations are subject to University disciplinary proceedings pending criminal proceedings and may not challenge University proceedings on grounds that criminal charges for the same incident have been dismissed, reduced, or not yet adjudicated.

The following misconduct is subject to disciplinary action:

- Unauthorized distribution or possession for purposes of distribution, or use of any controlled substance or illegal drug, as defined by Kentucky Revised Statutes, chapter 218A, on University premises or at University-sponsored activities.
- The use or possession of alcoholic beverages on University property except as authorized by University policy.
- Appearing in a public place on University premises or at University-sponsored activities manifestly under the influence of a controlled or other intoxicating substance to the degree that there is danger to self, others, or property, or there is unreasonable annoyance to persons in the vicinity.
- Aiding or abetting any conduct described above.

The legal drinking age in Kentucky is twenty-one (21). Individuals are personally responsible for knowing the laws applying to substance abuse in the Commonwealth of Kentucky. In particular, individuals should be aware of the legal consequences for violation of the legal age, use of false identification, drunk driving, and the sale or distribution of illicit drugs.

Legal Sanctions

The Kentucky Statutes make driving under the influence of alcohol illegal. Ky. Rev. Stat. § 189A.010. Punishment for violation of the law varies, depending on the degree and severity of the crime, from a \$200 fine or 30 days in jail to 240 days imprisonment, with no possibility of probation or discharge of time served. Punishment also includes suspension of a driver's license.

The Statutes prohibit possession of an open container of alcohol in the passenger area of a motor vehicle. Ky. Rev. Stat. § 189.530(2). Delivery of, possession of, and the use of misrepresentation to purchase alcohol by persons under the age of 21 is illegal under Ky. Rev. Stat. § 244.085. Furthermore, it is illegal for a person under age 21 to present a false I.D. in an attempt to procure alcohol or to furnish a false I.D. to someone under the age of 21. Ky. Rev. Stat. § 244.085(5). As an adult, providing alcohol to a minor is a Class A misdemeanor. Ky. Rev. Stat. § 530.070. A Class A misdemeanor may result in a fine of up to \$500 or imprisonment up to twelve (12) months.

Possession of open alcohol in a public place is also illegal. Ky. Rev. Stat. § 222.202(2). Public intoxication in a public place is also illegal. Ky. Rev. Stat. § 525.100. Violation of the law is a Class B misdemeanor, which may result in fines up to \$250 and/or imprisonment up to ninety (90) days.

A number of Kentucky and federal criminal statutes provide definitions of what constitutes illegal possession, use, and distribution of drugs. Under Kentucky law, possession of a controlled substance is punishable by incarceration for up to three (3) years. Ky. Rev. Stat. § 218A.1415. Equally, and under some circumstances, more severe penalties and sanctions may be imposed for violation of federal statutes, including forfeiture of property and real estate. Furthermore,

violators may be denied benefits they would be entitled to under federal law including student loans, grants, scholarships, contracts, and licenses.

Copies of the United States Code and the Kentucky Revised Statutes are available in the Chase Law Library. Highland Heights City Ordinances are also available at <http://www.hhky.com/>.

Tobacco Free Campus

On January 1, 2014, Northern Kentucky University became a tobacco-free campus. Smoking, the use of any tobacco product, vaping and the use of electronic cigarettes are prohibited throughout campus, including on any University owned or leased properties and in any University-owned vehicles. The University's Tobacco Free Policy can be found at <https://inside.nku.edu/content/dam/policy/docs/Policies/Tobacco-Free.pdf> and resources for smoking cessation can be found at <https://inside.nku.edu/hr/wellness/services/tobacco-free.html>.

Health Risks

According to the 2016 Monitoring the Future Study, 81% of college students have tried alcohol at least once in their lifetime and 75% report they have been drunk. Heavy alcohol use appears to be higher in college students than non-college students with 32.4% of college students reporting binge drinking (having consumed 5 or more drinks in a row at least once in 2 weeks) compared to 28.7% of non-college students. 40.8% of college students compared to 30.4% reported having been drunk in the past month.

The use of illicit drugs has also increased among college students with 12.3% of college students misusing amphetamines compared to 7.8% of non-college students.

(Source: Monitoring the Future Study national survey results on drug use 1975-2016: Volume II, College Students and adults ages 19-55. Institute for Social Research, The University of Michigan. July 2017)

The consequences of using alcohol and other drugs have far reaching effects that not only impact a person physically but also psychologically. Students are at risk for suicide attempts, sexual assault, failing grades, legal consequences, mental health issues and serious health problems as a result of alcohol or other drug use. Binge drinking and mixing drugs are not only dangerous; the consequences can be lethal as each year 1,825 college students between the ages of 18 and 24 die from alcohol-related unintentional injuries.

<http://www.collegedrinkingprevention.gov/StatsSummaries/snapshot.aspx>

The following table briefly summarizes short and long term health risks associated with the use of alcohol and other drugs. Experiences can vary by person based on gender, physical tolerance, body size and a variety of other physical and psychological factors.

Drug	Short-Term Effects	Long Term Effects	Risk of Dependence	Effects of Overdose
Alcohol: A central nervous system depressant	Impairs judgment, reduced alertness & coordination, depression.	Cancer, liver damage, respiratory arrest, heart disease, delirium tremens & death	Physical: High Psychological: High	Alcohol poisoning, coma & death
Cannabis(marijuana, Hashish): A central nervous system depressant	Impairs memory, paranoia, difficulty learning new things	A motivational syndrome, cancer of the mouth, throat, lungs, anxiety and panic attacks	Physical: Low Psychological: High	Unknown
Depressants(Barbiturates, Benzodiazepines, Gamma Hydroxybutyrate-GHB)	Depression, slurred speech, disorientation	Convulsions, coma, and death especially if mixed with other depressants like alcohol	Physical: Moderate to High Psychological: High	Drowsiness, fainting, coma and death
Stimulants(Cocaine, Amphetamines, Methamphetamines)	Increased heart rate, blood pressure, euphoria, increased energy, mental alertness followed by crash	Tremors, psychosis, stroke, seizures, risk of contracting HIV/AIDS	Physical: High Psychological: High	Seizures, coma, and death
Hallucinogens(LSD, PCP, Psilocybin-mushrooms, dextromethorphan-DXM)	Paranoia, impaired coordination, perception and cognition, delusions, sweating, nausea	Convulsions, coma, cardiac arrest, flashbacks, sleep problems and death	Physical: None Known Psychological: Moderate to High	Uncontrolled flashbacks, stroke, death
Narcotics(Heroin, Opium, Morphine, Codeine)	Euphoria followed by depression, drowsiness, and cognitive impairment	Continued use can cause convulsions, coma, and death	Physical: High Psychological: High	Can range from euphoria to death
Tobacco(Nicotine)	Bad breath, damage to skin, hair, blood circulation and breathing problems	Cancer of lungs, mouth, throat, COPD, and death	Physical: High Psychological: High	Can lead to cardiac arrest and death if ingested
Anabolic Steroids	Acne, hair loss, liver and kidney dysfunction	Testicular atrophy, menstrual problems, heart failure, death	Physical: Low Psychological: High	Liver damage, cardiovascular problems, cancer, and death

Retrieved from NIDA (National Institute on Drug Abuse, *Commonly Abused Drugs*, www.drugabuse.gov)

Drug and Alcohol Programs

Northern Kentucky University offers a variety of programs and resources for students and faculty and staff members seeking assistance with alcohol and other drug (AOD) related problems. These include annual events like National Collegiate Alcohol Awareness Week (NCAAW), Spring Break safety week, new student orientation presentations, hosting a youth summit for area middle and high school students, and educational outreach to housing residents, greek life and student-athletes on a variety of AOD topics. Those seeking help for their substance related disorders are encouraged to contact Health, Counseling and Student Wellness to speak with the Alcohol and Other Drug Clinician who can offer confidential consultation, counseling and additional referrals to off campus programs.

On Campus Programs

Health, Counseling and Student Wellness: UC 440, (859)572-5650, 8:15AM-4:30PM Monday through Friday. Provides confidential individual and group counseling along with educational programs, consultations and outreach presentations for students.

PREP (Personal Responsibility Education Program): HCSW UC 440 (859) 572-5650, 4th Friday of each month 2-4:30PM. A fee based psycho-educational program for students who have

Off Campus Programs

AETNA EAP Services: www.aetnaeap.com or call 1-888-AETNA-EAP (1-888-238-6232).

Provides up to 8 sessions of assistance to faculty and staff that may need resources or support for issues related to alcohol and other drug problems. All services are confidential and provided by qualified providers.

St. Elizabeth HealthCare Services: alcohol and drug treatment. (859) 301-5901. Inpatient and outpatient services focusing on substance abuse treatment and recovery. Services offered in Edgewood and Falmouth, Kentucky.

Community 12 Step Self-Help Groups: Free Services. Northern Kentucky Central Service Office

1545 Scott Street. Website: <http://nkyaa.info/>

Office Hours: Mon, Tues, Thurs & Friday 10AM-5PM, Wednesday 12PM-7PM

24 Hour Hot Line! Call us @ 859-491-7181

National Drug and Alcohol Treatment Referral Service: (800) 662- HELP. Referral hotline: (800) HELP-111

Northern Kentucky Helpline (859) 415-9280

North Key Community Care (859) 331-3292 www.northkey.org

Certification

This document will be distributed annually to each Northern Kentucky University student, staff, and faculty and reviewed biannually to assess its effectiveness, implement needed changes and insure that disciplinary sanctions are consistently enforced.

For more information, contact Health, Counseling, & Student Wellness (859) 572-5650