**NKU Campus Recreation Use Agreement**

As consideration for the opportunity to use the property, facilities, equipment, and/or services of the NKU Campus Recreation Department (CRC), I acknowledge that I have read the following and voluntarily agree to its terms and conditions.

**Assumption of Risks**: Physical activity, by its nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The Northern Kentucky University Department of Campus Recreation provides for activities such as weight lifting, running, swimming, aerobic activity classes, personal training and other sporting activities. These activities involve strenuous exertions of strength using various muscle groups, some involve quick movements using speed and change of direction, and others involve sustained physical activity that places stress on the cardiovascular system. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions 3) catastrophic injuries including paralysis and death. I understand and appreciate that the activities and programs at the CRC have certain inherent risk, and I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

**Waiver of Liability and Indemnification: In consideration of permission to use, today and on all future dates, the property, facilities, staff, equipment, services, and programs of the CRC, I, myself on behalf of my heirs, personal representatives or assigns, do hereby release, waive, discharge, and agree not to sue Northern Kentucky University and its governing board, officers, employees, and agents from any and all liability for any harm, injury, damage, claims, demands of any kin, actions, causes of action, costs and expenses that I may have or that hereafter may accrue to me, arising out of any loss, damage, or injury, including death, that may be sustained by me or any loss or damage to any property belonging to me while in or upon premises or equipment of the CRC engaged in any activity or program offered at and by the CRC.**

**I also agree to Indemnify and Hold Releases HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney’s fees, that result from my participation in or involvement with any program or activity at or associated with the CRC to reimburse Releases for any incurred expenses.**

Northern Kentucky University CRC employees are safety conscious and follow appropriate safety procedures. In case of emergency, accident, illness, or other incapacity which occurs while using the property, facilities, equipment, and/or services of the NKU Campus Recreation Department, I authorize Northern Kentucky University to administer first aid and/or CPR. The Department of Campus Recreation reserves the right to contact Advanced Medical Personnel in any case of emergency.

I approve the use of any photographs and video taken by the Department of Campus Recreation or Northern Kentucky University photographers to be used on the Campus Recreation at Northern Kentucky University web site or print media.

**Acknowledgement of Understanding:** I have read this Agreement, fully understand its terms, and understand that it affects my legal rights. I am signing this Agreement knowingly and voluntarily, and intend for it to be a complete and unconditional release of liability to the greatest extent allowed by law.

Printed Name Signature Date:

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If under 18 years of age and not an NKU student, the NKU Campus Recreation Use Agreement For Minors must be signed by a parent or guardian before a child or teenager can enter the facility or engage in any activity.