



HEIFER[®]
INTERNATIONAL

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Mission

Heifer International is a global nonprofit organization dedicated to working with communities to eliminate hunger and poverty. Heifer distributes animals, along with agricultural and value-based training, to families in need around the world as a means of providing self-sufficiency.

“The mission of Heifer International is to end hunger and poverty while caring for the Earth. Heifer does this by providing appropriate livestock, training and related services to small-scale farmers and communities worldwide.”

History

The idea for Heifer came from Dan West, a relief worker whose job was to ladle milk rations to refugees of the Spanish Civil War. In Heifer International's early years, “seagoing cowboys” brought heifers by boat to the countries being served.



Location

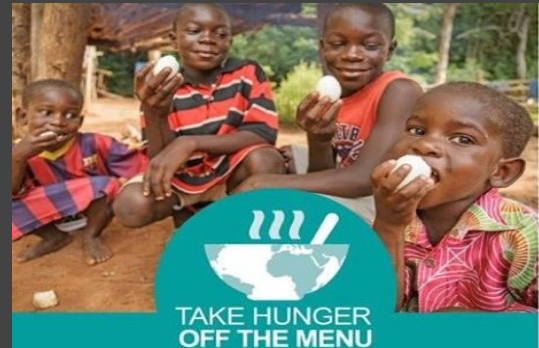
As of now, Heifer International benefits 21 countries around the world. This organization works hard to help as many people as possible and are therefore constantly traveling and never located in just one place.

However, their main office is in Little

Rock, Arkansas. [view-](https://www.heifer.org/about-us/index.html#where-we-work)

[source:https://www.heifer.org/about-](https://www.heifer.org/about-us/index.html#where-we-work)

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Conduction

Heifer International supports farmers and their communities in 21 countries and helps as they mobilize and envision their futures. They provide training so they can assist in the improvement of the quantity and quality of the goods farmers produce. They also establish connections to markets in order to increase sales and incomes. This organization invests and follows along the growth of farmers and their businesses.

The Organization is run, operated, and supported by a large number of people that work together to end world hunger and poverty. There is a board of directors, a leadership team, several affiliates, and of course, donators!

Work Areas

- Economic development
- Environmental Sustainability
- Food Security and Nutrition
- Risk Mitigation and Resilience
- Women's Empowerment
- Social Capital

Reviews

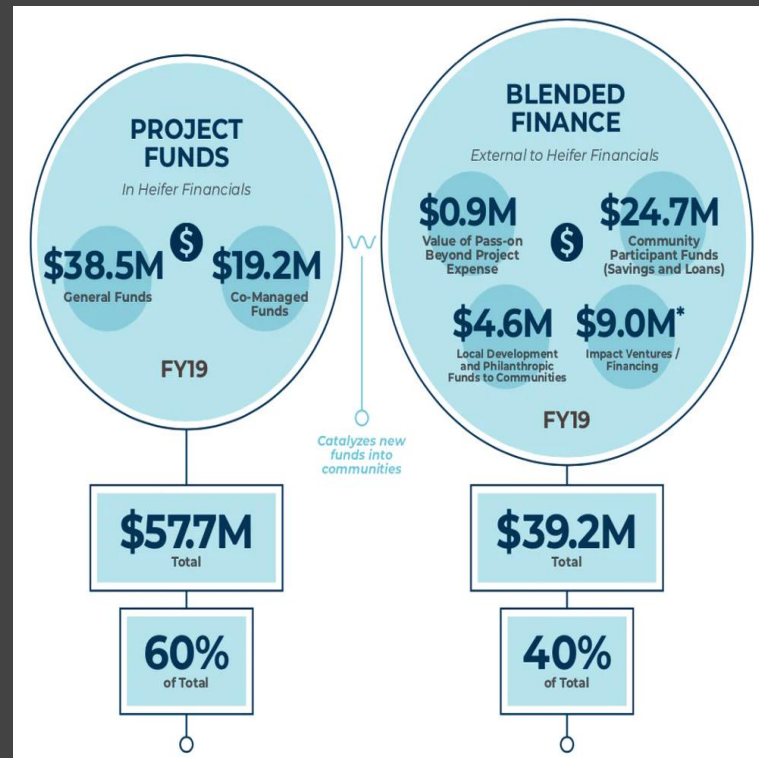
- “Amazing is what this organization is in helping people throughout the world and in our own backyard to be self-sufficient. Come visit. Learn. Donate.”
- “We visit Heifer at least once a year. My kids love it and the staff are so nice and welcoming. We learn something every time we go.”

Data

Heifer has helped more than 34 million families since 1944; it is a nonprofit organization and contributions are tax-deductible under U.S. tax regulations. Heifer is exempt from federal income taxes under Section 501(c)(3) of the Internal Revenue Code.

Affiliates

- Bóthar: An Irish charity founded in 1991, **Bóthar** works with Heifer in all regions to support our common mission of ending hunger and poverty.
- Heifer Hong Kong: Formed in 2000, **Heifer Hong Kong** focuses on raising funds in Hong Kong to support its work in mainland China.
- Heifer Nederland: Founded in 1998, **Heifer Nederland** works to generate support for Heifer's global mission in the Netherlands.



Impact

Heifer's approach of:

- Living gifts of livestock, seeds, training, and education
- agricultural methods that protect the environment
- animal care guidelines reinforced with training for local animal health workers
- deeply rooted community involvement

has been proven to help end poverty in communities over more than 68 years. Heifer has doubled dairy production from 0.7 gallons a day to 1.6 gallons, increasing income for farmers. Farmers receive support from Heifer's field teams, giving farmers access to new inputs and dairy products. Also with support from Heifer's field teams, farmers have improved practices and techniques. Heifer has provided new seed varieties and irrigation systems to farmers, which have increased grain production, giving them more product to sell and reducing the need to buy food for their families.

Projects

- **BIHAR SOCIO-ECONOMIC DEVELOPMENT PROJECT, INDIA:** 4,000 families have received 3 goats each to get their businesses started. With help and support from Heifer's local teams, these women have also been provided with seeds to grow their own fodder for their animals and food for their families, as well as trees to improve the local environment.
- **EAST AFRICA YOUTH INCLUSION PROJECT:** Heifer works with 25,000 youth from communities in Tanzania and Uganda as they set up youth groups, complete financial and technical training and identify income-generating opportunities within their own communities.
- **INCOME PROJECT, CAMBODIA:** Heifer has provided specialist support to farmers such as advice on improved chicken housing, feeding and nutrition, as well as access to community vets who have been trained by the project to provide regular vaccinations and deworming, and other measures to stop the spread of disease.
- **GRASS ROOTS FARMERS' COOPERATIVE, UNITED STATES:** In addition to supporting farmer-owned cooperatives, Heifer USA offers workshops and **trainings** for current and prospective farmers committed to using sustainable agricultural methods.
- **NIKA MILK PROJECT, NICARAGUA:** Heifer supports 3,600 farming families in the North-Central region in Matagalpa – known as Nicaragua's 'Milky Way' – to increase their milk production and expand the range of products they produce.

These are just 5 of hundreds.

Reasons to Support

Plain and simple.

“821 million people
go to bed hungry
every night. Your
gift helps change
that.”



The Difference You Can Make

- **END HUNGER:** For \$20, **a flock of chicks** can provide families with protein-packed eggs that can make a huge difference in a family's diet and income
- **UNIVERSAL EDUCATION:** For \$275, you can help a family increase their income so they can **send their daughters to school.**
- **GENDER EQUITY:** For \$72, you can **help women start a self-help group** where they can learn to read and will receive the livestock and training that will empower them in so many ways
- **CHILD HEALTH:** For \$300, you can provide **the gift of clean water**, which is critically important in rural areas where many children die from a lack of clean drinking water and proper sanitation.
- **MATERNAL HEALTH:** For as little as \$10, you can help **provide a dairy goat to a family.** Goats are small in size and provide nutritious milk for pregnant and lactating mothers.
- **COMBAT HIV/AIDS:** For as little as \$50, you can help **provide a dairy cow** to a family. Cow's milk help provide the better nutrition needed to help the effectiveness of antiretroviral therapy for people living with HIV/AIDS.
- **ENVIRONMENTAL SUSTAINABILITY:** For \$150, you can **provide an irrigation pump**, allowing families to more easily grow organic crops on their land.
- **GLOBAL PARTNERSHIP:** Every single one of our projects works in partnership with community-based organizations, local governments and others. Give any amount to our **Give Where Most Needed Fund**, and you'll be supporting our collaborative work around the world.

References

“Ending Hunger and Poverty While Caring for the Earth.” Heifer International, www.heifer.org/.

The Heifer International website was very helpful and gave us all the information we needed!