Resource Guide

STUDENTS & FAMILIES

Health Services

Office: University Center 440

Phone: (859) 572-5650 Email: hcsw@nku.edu

Counseling Services

Office: University Center 440

Phone (859) 572-5650 Email: hcsw@nku.edu

Norse Violence Prevention

Office: Albright Health Center, Suite 246

Phone: (859) 572-5865 Email: <u>nvp@nku.edu</u>

Flex Housing

Office: University Housing Office is located in Norse Commons

For information, FAQ's, and important deadlines, visit: NKU Flex Housing

Title IX

Office: Student Union 301 Phone: (859) 572-5147

https://inside.nku.edu/titleix.html

GLSEN

Advocacy in schools for LGBTQ students.

E-mail: info@glsencincinnati.org

Phone: (866) 934-9119 https://www.glsen.org/

PFLAG

Support organization for LGBTQ individuals, family, and friends.

Phone: (513) 721-7900. Ask for the PFLAG contact number.

E-mail: info@pflagcinci.org

https://pflag.org/

Q Chat Space

Online discussion groups for LGBTQA+ teens (13-19) facilitated by staff from LGBTQA+ groups across the country.

Address: PO Box 24490, Fort Lauderdale, FL 33307

Phone: (954) 765-6024

Website: https://www.gchatspace.org/

Trevor Space

An online support group through the Trevor Project for ages 13-24.

Website: https://www.trevorspace.org/

FACULTY & STAFF

SAFE (Staff, Administrators, & Faculty for Equality)

Advocacy organization for LGBTQ and allied staff, administrators and faculty Website: http://safe.nku.edu

Department of Human Resources

Information and resources about benefits, policies, and services for LGBTQ employees.

Website: nku.edu/hr Phone: (859) 572-5200 Email: hr@nku.edu

EQUALITY AND FAIRNESS RESOURCES

Equality Cincinnati

Independent local organization working towards full equality for LGBT people in Greater Cincinnati and to prevent discrimination and violence based on sexual orientation and gender identity.

E-mail: mjaym@aol.com Facebook: <u>Equality Cincinnati</u>

Kentucky Fairness Campaign

2263 Frankfort Avenue, Louisville, KY 40206

Phone: (502) 893-0788

Website: Fairness@Fairness.org

Facebook: www.facebook.com/FairnessCampaign

Twitter: twitter.com/FairnessCamp

Northern Kentucky Commission on Human Rights

The Kentucky Commission on Human Rights enforces the Kentucky Civil Rights Act and the U.S. Civil Rights Act. 636 Madison Avenue, Suite 401

Covington, KY 41011-242 Phone: (859) 292-2935

Website: http://www.kchr.ky.gov/

Equality Ohio

Ohio's largest LGBTQ advocacy organization

61 Jefferson Ave

Columbus, OH 43215 Phone: (614) 224-0400

Website: www.equalityohio.org

Facebook: Equality Ohio

Ohio Commission on Civil Rights

Cincinnati- Satellite Office Norman Gibson, Regional Director 7162 Reading Road, Suite 606 Cincinnati, OH 45237

Phone: (513) 351-2541

Website: https://crc.ohio.gov/

Love Must Win

LMW helps spread love and acceptance to people by providing a safe haven for all.

Address: 187 Pavilion Pkwy, #244, Newport, KY 41071

Phone: (859) 903-5428

Website: https://www.lovemustwin.org/

Email: help@lovemustwin.org

Human Rights Campaign

https://www.hrc.org/

National LGBTQ Task Force

The Task Force's Advocacy and Action team identifies and takes action on advocacy opportunities to advance full freedom, justice, equality AND equity for LGBTQ people.

https://www.thetaskforce.org/

American Civil Liberties Union

The ACLU works to ensure that lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights, personal autonomy, and freedom of expression and association.

https://www.aclu.org/issues/lgbtg-rights

GLAAD

GLAAD works through entertainment, news, and digital media to share stories from the LGBTQ community that accelerate acceptance.

https://www.glaad.org/

GLAD Legal Advocates and Defenders

Phone: (617) 426-1350 Email: gladlaw@glad.org https://www.glad.org/

Outright International

Together, for better LGBTIQ lives. Outright.

Phone: (212) 430-6054

Email: comms@outrightinternational.org

https://outrightinternational.org/

NKY Pride Center

The NKY Pride Center's mission is to advance LGBTQ+ equity and inclusion efforts in the region by meeting the needs for community-based services and programs for LGBTQ+ Northern Kentuckians.

Address: 230 W. Pike St. Covington, KY 41011

Email: bonnie@nkypridecenter.org

https://nkypridecenter.org/

HEALTH AND SAFETY

LGBTQA+ Health Guide

According to The National Alliance on Mental Health, LGBTQ individuals are 3 times more likely to experience mental health conditions. Click on the link below to find out more on how to prevent and recognize mental and physical illness, and how to receive/ask for help.

https://www.drugwatch.com/health/lgbtq/#mental-health-and-suicide

GLAST - Gays and Lesbians Achieving Sobriety Together

GLAST stands for Gays and Lesbians Achieving Sobriety Together. GLAST is the only Lesbian, Gay, Bisexual, Transgender, Queer+ substance use prevention and resource program in the Greater Cincinnati/Northern Kentucky area. We are not affiliated with any 12-step group, religious organization, or medical group. However, we do work with these groups to help others recover from addiction. We are a tax exempt 501(c)3 non-profit organization.

Phone: (513) 334-6945 https://www.glast.org/

Lighthouse Youth Services

The mission of Lighthouse Youth and Family Services is to empower young people and families to succeed through a continuum of care that promotes healing and growth. They provide housing, support groups, outpatient mental health services, foster care and adoption, and much more.

Address: 401 E. McMillan St, Cincinnati, OH 45206

Phone: (513) 221-3350 https://www.lys.org/

The Pier Recovery Community Center

The Pier Recovery Community Center serves to light the way toward recovery for those with substance use and mental health disorders through education, advocacy, and the gift of hope.

Address: 1002 Monmouth St, Newport, KY 41017

Phone: (859) 547-6539

Email: vlandrum@mhankyswoh.org; tspicer@mhankyswoh.org

https://www.pierrcc.org/

Cincinnati Alcoholics Anonymous - LGBT Specific Group

Open meetings are available to anyone interested in Alcoholic Anonymous' program of recovery from alcoholism. Non alcoholics may attend open meetings as observers.

The Recovery Village and The Recovery Village: Palmer Lake

A free web resource that provides information about addiction, eating disorders, and mental health issues. Studies have shown that individuals in the LGBTQ+ community are more likely to use and abuse alcohol and drugs and tend to continue abuse throughout their lives. We work to spread awareness and to be an informational resource for those impacted by alcohol and drug dependence.

The Recovery Village

Address: 633 Umatilla Blvd, Umatilla, FL 32784

Phone: (844) 877-6956

https://www.therecoveryvillage.com/resources/lgbtg/

Palmer Lake

Address: 443 S. Hwy 105, Palmer Lake, CO 80133

Phone: (844) 877-6956

https://www.palmerlakerecovery.com/resources/lgbtg/

It Gets Better Project

The It Gets Better Project's mission is to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer (LGBTQ+) youth around the globe.

Email: <u>info@itgetsbetter.org</u> <u>https://itgetsbetter.org/</u>

COMMUNITY RESOURCE GUIDE

VIEW THE COMMUNITY RESOURCE GUIDE

CAMPUS RESOURCE GUIDE

VIEW THE CAMPUS RESOURCE GUIDE

FAITH RESOURCES

The Northern Kentucky and Cincinnati areas are home to many friendly and affirming institutions of faith for LGBTQ individuals, families, and allies. The places listed below have shown intentional inclusivity, and we invite you to explore their websites or email their faith leaders prior to attending a service if you have questions.

Churches

Clifton United Methodist Church

Pastor David Meredith 3416 Clifton Avenue Cincinnati, Oh 45220 Call Us: (513) 961-2998 https://www.cliftonumc.com

Our Lady of Peace - Ohio Orthodox Catholic Church

Bishop Charles Smith
119 Wocher Ave off of River Rd near Anderson Ferry OHIO
https://www.ohioocc.org/olp/join.html

St. John Church United Church of Christ

Pastor Keith Haithcock

Bellevue KY https://stjohnchurch.net

Gloria Dei Lutheran Church

Pastor Vicki Garber Crestview Hills, KY https://gloriadei-nky.org

St. Paul's Episcopal Church

Rev Matthew Young Newport KY https://www.stpaulsnewport.org

Trinity Episcopal Church

Rev Peter D'Angio Covington KY https://www.trinitychurchcovkv.com

First Christian Church (Disciples of Christ)

Pastor Dexter Simpson Covington KY https://firstchristiancovington.org

Pilgrim United Church of Christ

Rev David Bucey Cincinnati OH www.pilgrim-ucc.org

Philippus United Church of Christ

Minister Sam Wyatt 106 W. McMicken Avenue Cincinnati, Ohio 45202-4916 https://www.philippusucc.org/

All Saints Episcopal Church

Rev. Meredith Day Hearn 6301 Parkman Place, Cincinnati, OH 45213 (513) 531-6333 clergy@allsaintscincinnati.org https://www.allsaintscincinnati.org/

The Community of the Good Shepherd: A Catholic Parish

Bishop Joe Binzer 8815 East Kemper Rd, Cincinnati, OH 45249 (513) 489-8815 gs.info@good-shepherd.org https://good-shepherd.org/

LOVEboldly, Inc.

30 E. College Ave, Ste A, Westerville, OH 43081 (859) 904-8056

Dharma Centers

Buddhist Dharma Center of Cincinnati

Cincinnati, OH https://www.cincinnatidharma.org/

Synagogues

Temple Sholom

Rabbi Miriam Terlinchamp Cincinnati OH https://templesholom.net

PLEASE NOTE: This is not a comprehensive list. We recognize this list is predominately Christian, and it is our hope that we will be able to add mosques, temples, and other religious institutions and groups as we become aware of inclusivity within these places of faith. If you have a positive experience at a place of faith and would like it added to our list, please email lgbtq@nku.edu.

TRANS* RESOURCES

Heartland Trans Wellness VISIT THEIR WEBSITE

GLBT National Help Center

VISIT THEIR WEBSITE

TransKentucky VISIT THEIR WEBSITE

Living With Change VISIT THEIR WEBSITE

Transgender Law Center
VISIT THEIR WEBSITE

Phone: (510) 587-9696

TransOhio
VISIT THEIR WEBSITE