

A decorative graphic on the left side of the page consists of several parallel diagonal stripes in the colors of the rainbow: red, orange, yellow, green, blue, and purple.

# LGBTQ

## **SEXUAL ASSAULT, PARTNER VIOLENCE AND STALKING**

Norse Violence Prevention Center



# LGBTQ

## Resource Guide for Interpersonal Violence

This document is a guide for survivors of interpersonal violence, including sexual violence, relationship violence, and/or stalking. If you've experienced any of these forms of violence, know that what happened is not your fault. You have options for how to move forward, and there are resources and support services available. However you decide to move forward, know that the Norse Violence Prevention Center (NVP) is here to support you.

### Understanding Interpersonal Violence

#### *Examples of interpersonal violence:*

- Threatening to disclose personal/sensitive information.
- Threatening to out their partner.
- Destroying or taking their belongings.
- Threatening physical harm to their partner or someone they care about.
- Threatening to commit suicide if the other person leaves them.
- Controlling daily activities, such as who they spend time with, what they do, etc.

#### *Examples of stalking:*

- Repeatedly sending unwanted gifts.
- Following the person or showing up at their class, apartment, dorm room, work or other places they spend time.
- Posting information or spreading rumors about the individual.
- Repeated, unwanted text messages, email or social media contact.
- Making threats to the person's family or friends.

#### *Examples of sexual assault and other forms of sexual misconduct:*

- Pushing sexual boundaries.
- Taking photos or videos of a sexual nature without the other person's consent.
- Sexual touching or penetration without consent.
- Using alcohol or drugs to take advantage of someone.

### Understanding Consent

**NKU defines consent as:** Clear, knowing and voluntary. Consent is active, not passive. Silence, in and of itself, cannot be interpreted as consent. Verbal consent is not a requirement

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of this policy; however, consent may be given by words as long as those words create mutually understandable clear permission regarding willingness to engage in sexual activity.

Consent to any one form of sexual activity cannot alone imply consent to any other forms of sexual activity. Previous relationships or prior consent cannot imply consent to future sexual acts.

### **What can I do if I'm being abused?**

First, know that the abuse you are experiencing or have experienced is not your fault. No one ever deserves to experience abuse, and it's important that you are in control of how you decide to move forward.

Many survivors find it helpful to talk about the experience with a trusted friend, professional or other support person. There are confidential resources available in the community and at NKU to provide that support.

If you have concerns for your safety, you may want to talk to NVP staff to make a safety plan. A safety plan includes steps you can take or people you can work with to help ensure your physical and emotional safety.

You can speak with an advocate who is knowledgeable about interpersonal violence and has experience working with the LGBTQ community.

### **How can I help my friend or partner?**

- If your friend or partner has disclosed an experience of interpersonal violence, believe them and don't question the details of their disclosure.
- Let them know the violence is not their fault.
- Avoid asking questions or making statements that may make them feel like the abuse is their fault.
- Ask how you can help or support them rather than telling them what they should do.
- Offer your unconditional love and support.
- If needed, find other sources of support.

### **Statistics**

- 43.8% of lesbian women and 61.1% of bisexual women have experienced rape, physical violence and/or stalking by an intimate partner at some point in their lifetime.
- 26% of gay men and 37.3% of bisexual men have experienced rape, physical violence, and/or stalking by an intimate partner in their lifetime.
- In a study of male same-sex relationships, only 26% of men called the police for assistance after experiencing near-lethal violence.
- In 2012, fewer than 5% of LGBTQ survivors of intimate partner violence sought orders of protection.

- Transgender victims are more likely to experience intimate partner violence in public compared to those who do not identify as transgender.
- Bisexual victims are more likely to experience sexual violence compared to people who do not identify as bisexual.
- LGBTQ Black/African American victims are more likely to experience physical intimate partner violence compared to those who do not identify as Black/African American.

### **Norse Violence Prevention Center**

The Norse Violence Prevention Center (NVP) provides confidential advocacy and assistance to university students who are affected by sexual misconduct, sexual violence, partner violence and stalking. NVP strives to assist survivors in identifying which choices make the most sense for them. Some of the things NVP can help you with include:

- Support and information on options and resources.
- Hospital advocacy.
- Safety planning.
- Academic accommodations.
- Housing accommodations.
- Assistance with reporting (on or off campus).
- Others, based on situation.

To schedule an appointment, please call the Norse Violence Prevention Center at (859) 572-5865 or stop by in Albright Health Center 246. For more information about NVP please visit [nku.edu/nvp](http://nku.edu/nvp) or e-mail us at [nvp@nku.edu](mailto:nvp@nku.edu)

### **LGBTQ Programs and Services**

The Lesbian, Gay, Bisexual, Transgender, and Questioning Programs & Services Office was created in the summer of 2013. As part of the Office of Student Affairs, we are committed to offering programs and services to increase visibility, awareness, and advocacy for LGBTQ students, staff and faculty at Northern Kentucky University. Our location is Student Union 309.

### **Title IX Office**

The Office of Title IX investigates complaints related to sexual misconduct, relationship violence and stalking. They may be able to assist with interim protective measures on campus including:

- Academic and housing accommodations.
- No contact directive.
- Removal of directory information.
- Removal of parties from campus.
- Others, based on situation.

To file a report or to find more information about NKU's sexual misconduct policy, please visit [nku.edu/titleix](http://nku.edu/titleix).

*If you or someone you know is being stalked, contact the Norse Violence Prevention Center at [nvp@nku.edu](mailto:nvp@nku.edu), or come to our center located in the Albright Health Center 246*

## NKU RESOURCES

- 1. Norse Violence Prevention Center**  
Albright Health Center 246  
**PHONE:** (859) 572-5685  
**EMAIL:** [nvp@nku.edu](mailto:nvp@nku.edu)  
**WEBSITE:** [nku.edu/nvp](http://nku.edu/nvp)
- 2. LGBTQ Programs & Services**  
Student Union 309  
**PHONE:** (859) 572-8335  
**EMAIL:** [meyerb5@nku.edu](mailto:meyerb5@nku.edu)  
**WEBSITE:** [nku.edu/lgbtq](http://nku.edu/lgbtq)
- 3. Health, Counseling and Student Wellness**  
University Center 440  
**PHONE:** (859) 572-5650  
**EMAIL:** [hcsw@nku.edu](mailto:hcsw@nku.edu)  
**WEB:** [nku.edu/hcsw](http://nku.edu/hcsw)
- 4. University Police**  
**EMERGENCY CONTACT:** (859) 572-7777 or 911  
**NON-EMERGENCY CONTACT:** (859) 572-5500  
**WEBSITE:** [nku.edu/police](http://nku.edu/police)
- 5. Office of Title IX**  
University Center, room 330  
**PHONE:** (859) 572-7669  
**EMAIL:** [zippina1@nku.edu](mailto:zippina1@nku.edu)  
**WEBSITE:** [nku.edu/titleix](http://nku.edu/titleix)

## COMMUNITY RESOURCES

- 1. Buckeye Region Anti-Violence Organization (BRAVO)**  
PO Box 82068 Columbus, Ohio 43202  
**PHONE:** Cincinnati Chapter (513) 453-4001  
**WEBSITE:** [bravo-ohio.org](http://bravo-ohio.org)
- 2. Women Helping Women**  
215 E. 9th Street. Cincinnati, OH 45202  
**PHONE:** (513) 381-5610 (24-hour line)  
**WEBSITE:** [womenhelpingwomen.org](http://womenhelpingwomen.org)
- 3. Women's Crisis Center**  
836 Madison Ave. Covington, KY 41011  
**PHONE:** (859) 491-3335 (24-hour line)  
**WEB:** [wccky.org](http://wccky.org)
- 4. Heartland Trans Wellness**  
103 William Howard Taft Rd.  
Cincinnati, OH 45219  
**PHONE:** (513) 549-4447  
**EMAIL:** [info@transwellness.org](mailto:info@transwellness.org)  
**WEBSITE:** [transwellness.org](http://transwellness.org)
- 5. Northern Kentucky Fairness**  
2 W Pike St, Covington, KY 41011  
**PHONE:** (859) 572-5835  
**EMAIL:** [northernkyfairness@gmail.com](mailto:northernkyfairness@gmail.com)  
**WEB:** [nkypride.org](http://nkypride.org)

## NATIONAL RESOURCES

**LGBT National Help Center**  
**PHONE:** 1 (888) 843-4564  
**WEBSITE:** [glbthotline.org](http://glbthotline.org)

The Lesbian, Gay, Bisexual, and Transgender (LGBT) National Help Center is a non-profit organization that provides vital peer-support, community connections, and resource information to people with questions regarding sexual orientation and/or gender identity.

**GLBTQ Domestic Violence Project**  
**PHONE:** 1(800) 832-1901

Provides free and confidential support and services for gay, lesbian, bisexual, transgender and queer survivors of domestic and sexual violence. They work with victims and survivors to increase safety, security, and foster empowerment through direct services, education and advocacy.

**The Gay Men's Domestic Violence Project**  
955 Massachusetts Ave.  
PMB 131 Cambridge, MA 02139  
**24-HOUR EMERGENCY HOTLINE:** 1(800) 832-1901

**Client Services:** (617) 779-2136  
**Sexual Assault Services:** (617) 779-2127

GMDVP offers shelter, guidance and resources to allow gay, bisexual and transgender men in crisis to leave violent situations and relationships.

**The Network/La Red**  
Boston, Massachusetts  
**PHONE:** (617) 423-SAFE  
(*Hotline in English and Spanish*)

This program offers free services in English and Spanish for lesbians, bisexual women and transgender people who are victims of battering. Services include a hotline, emergency shelter and advocacy programs.

**The Polaris**  
P.O. Box 65323 Washington, DC 200035  
**PHONE:** (202) 745-1001  
Polaris disrupts the conditions that allow human trafficking to thrive. From working with government leaders to protect victims' rights, to building partnerships with the world's leading technology corporations, they spark long-term change that focuses communities on identifying, reporting and eliminating trafficking networks.

**The Trevor Project**  
**24-HOUR HOTLINE:** (866) 488-7386  
**WEBSITE:** [thetrevorproject.org](http://thetrevorproject.org)  
The Trevor Project is a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

**The Northwest Project**  
**24-HOUR HOTLINE:** (206) 568-7777  
**WEBSITE:** [nwnetwork.org](http://nwnetwork.org)  
Offers free and confidential support to LGBTQ survivors of relationship abuse, as well as any sexual violence.

**Love is Respect**  
**24-HOUR HOTLINE:** 1 (866) 331-9474 or text "loveis" to 22522  
**WEBSITE:** [loveisrespect.org](http://loveisrespect.org)  
Love is Respect's text support line offers free and confidential support to survivors. Website includes helpful advice about healthy relationships as well as self-care.

**WORKS CITED FOR STATISTICS**  
NCADV. National Coalition Against Domestic Violence. (n.d.). Retrieved September 01, 2020, from <https://ncadv.org/BLOG/POSTS/DOMESTIC-VIOLENCE-AND-THE-LGBTQ-COMMUNITY>

## **NORSE VIOLENCE PREVENTION CENTER**

Albright Health Center 246

**PHONE:** (859) 572-5685

**EMAIL:** [nvp@nku.edu](mailto:nvp@nku.edu)

**WEBSITE:** [nku.edu/nvp](http://nku.edu/nvp)

