

NATIONAL HISPANIC HERITAGE MONTH

Sept 15 - Oct 15

National Hispanic Heritage Month is a period to recognize the contributions of Hispanic and Latino Americans to the United States and celebrate the group's heritage and culture. In its origins, the month started out as just a week, first proclaimed by President Lyndon Johnson in 1968. In 1988, it was then expanded by legislation sponsored by Representative Esteban E. Torres and implemented by President Ronald Reagan to cover a 30-day period. Sept.15 was chosen as the starting point for the month's celebration due to the date's correlation with the anniversary of independence in five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. All declared independence in 1821.

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This year, the National Hispanic Heritage Month Kick-off Reception will be held on Wednesday, September 15, from 6:00-7:30 p.m., in the Student Union Ballroom. National Hispanic Heritage Month goes from September 15 until October 15 and a signature event to conclude the month is the Pre-Celebration of Dia de los Muertos on Wednesday, October 13, 2021 at 10:00am in the Otto Budig Theater and UC Ballroom. Please check the Latino Student Initiatives website regularly for more events.



Health Services: Tirelessly serving the NKU community

Student Affairs, along with the whole NKU Community, would like to extend their deepest appreciation for the NKU Health Services staff. The hard-working staff members in Health Services have assisted the entire NKU community during the pandemic, providing COVID testing, treatment, vaccinations, and advice.

With the onset of the pandemic in March 2020, Health Services sprung into action, serving on university committees and helping to guide the community towards the healthiest and safest choices. From developing policy to working with students, faculty, and staff to determine appropriate steps in the event of illness, Health Services staff has worked non-stop the past 18-months, putting their lives and health at risk every day for students, faculty, and staff.

Over the course of the pandemic, Health Services has administered almost 700 COVID-19 vaccinations and have provided more than 2,700 rapid COVID tests.

We would like to extend our heartfelt thanks to the hard-working staff in Health Services, including:

Rose Tempel (Director)
Jeanine Horner
Michele Kay
Lisa Heck
Brooke Moore
Christy Blackburn

Give these NKU heroes a thank you and a much needed break: Please wear your mask, get your COVID-19 vaccine, and watch for more information about flu vaccines (available soon)!

NKU Cares



The NKU Staff Cares Award is designed to recognize staff members at NKU who made extraordinary contributions to the university during the COVID-19 pandemic, which may include services and support to students, faculty, and other staff.

This year, Dr. Bob Alston was one of the recipients of this award for his work with the COVID-19 Student Emergency Fund's donor relations, application evaluation, and payment process to students throughout the pandemic. Dr. Alston's work has ensured that many more than 1,000 students have received aid and bridge funding, helping them to weather the pandemic.

Dr. Alston works hard daily to serve students at NKU, leading the NKU Community Care Team, among many responsibilities. His leadership of this group, parlayed into advocacy through the NKU COVID Response Team, has kept NKU centered on diligently and effectively serving students and working in the best interest of student success. His voice has amplified the experience of many students in crisis and has helped NKU to adapt to ensure that no student is left behind.

We offer our sincerest congratulations to Dr. Alston for this well-deserved award.



Parents Attending College

Each month the Office of Parents Attending College hosts a parent café event for student parents and their children. Due to children under 12 not being able to vaccinate, we have decided to cancel our September and October events to help keep our student parents and their families safe. In place of the events, Parents Attending College (PAC) and Adult Learner Programs and Services (ALPS) will be creating a NKU Onward Together Family Box. The box is a great way for student parents to learn more about what NKU can provide them and their families, while engaging in fun activities and swag! The box will include information on various programs and supports that help our student parents reach graduation, as well as some free NKU merch. The first 50 students to sign up will receive t-shirts for their family. Student parents will receive an email the first week of October to register for their Family Box, which will be delivered to their front door.



NKU R.O.C.K.S.

An unrivaled welcome to NKU for top students

NKU R.O.C.K.S. (Responsibility, Opportunity, Community, Knowledge and Success), is <u>African American Student</u> <u>Initiatives</u>' signature program, designed to ease the academic, personal and social transition from high school to college through the Summer Institute and year-long program.

We had 40 new scholars join us for the institute from a wide range of backgrounds, cities, and majors. They were able to connect with key stakeholders and supporters across campus and within the local community. The institute was a success, but we learned that the impact was even greater when we found out that more students were interested in joining R.O.C.K.S. 2.0. There have been about 70 more students sign up to join this program. This is a unique, well-rounded group of students ready to gain in all aspects of their collegiate experience and we are here to support them.

The program goals for NKU R.O.C.K.S. include familiarizing students with NKU and the resources available on campus, retaining R.O.C.K.S. students at a higher rate than the general African American student population, developing and growing strong academic, leadership, and professional skills, and creating networks for students amongst key constituents within the institution and assisting in developing resourceful relationships. Students participate in a year-long experience that pairs them with a peer mentor during the first year of enrollment at NKU. Students also have the opportunity to live in the NKU R.O.C.K.S. living learning community in <u>University Housing</u>.

Victorfest

The campus was ready to welcome back students this fall. Events for Victorfest kicked off with a successful new student move-in on Thursday, August 19. The weather was a bit rainy in the morning, but turned into a beautiful afternoon and evening. The Victorfest committee worked hard at planning 10 days of activities for new and returning students this year. Traditional events like Fresh Fusion, an outdoor movie, paint wars, and RecFest brought out many students. During the lunch hour each day, students could visit with registered student organizations on the plaza and take part in different activities, from sign making, to a VIP photo booth, to wax hands. New this year was Victor's Voyage. The Student Union was turned into a cruise ship that allowed students to visit different ports of call including a casino, BINGO, paint night, photo mugs, have their caricature drawn, or receive a balloon sculpture. Overall, Victorfest was a huge success and connected students to the NKU campus! Pictures from the events can be seen on this page and the next.

















Victorfest Photo Gallery



















STUDENT ACCESSIBILITY

Affording access to students in the classroom

For students, it is again that time of year when you may be looking at requesting classroom accommodations. The process for students to register with the Office for Student Accessibility (OSA) begins online at https://osa.nku.edu/. Once an application is submitted, OSA staff will reach out to you to schedule an interactive intake meeting, where appropriate reasonable accommodations will be discussed and implemented at that time.

For faculty/staff, on September 30, 2021, from 12:15pm to 1:30pm, the Office for Student Accessibility and Legal Affairs will be holding a Student Accommodations Q&A through the Center for Teaching and Learning. Understanding accommodations and our role as educators in ensuring we provide accommodations equally is a key part of our job. It can feel like every semester there is something new and different with regard to needs from our students and we may not always have the answer. This is an opportunity to ask questions and ensure that the way we run our classrooms is both beneficial to our students and within the constraints of the law.

Getting involved with the Center for Student Engagement



Leader's Link is back! If departments have anything that you would like for our students to know, make sure to submit it to Leader's Link no later than Thursday at 12:00 PM each week. Submissions received after that time are not guaranteed to be in that week's issue. Submissions can be emailed to

Emily Sagraves at <u>sagravesel@nku.edu</u>. Please be sure to include any graphic you would like to be displayed, a brief description of what you are promoting, and any contact information you want to include. Let Emily know if you have any questions!

Victor E. Coins have launched and students are learning more about them and earning quite a few! Students will earn Coins by going to events, getting involved, and building community at NKU. They can then cash those coins in for prizes and experiences!



CSE needs YOUR help promoting this program and encouraging student participation by making sure that any events that your department is hosting are on the Presence Calendar. If you have questions about Victor E. Coins, <u>Presence</u>, or programming, please contact Emily Sagraves at <u>sagravesel@nku.edu</u>.

Creativity and Connection Support Group



Creativity and Connection is a Free drop-in support group for students using Art Therapy techniques. Students will engage through inperson conversation and art activities to develop skills in managing emotions, stress reduction, and enhancing self-awareness, and connecting with others. This support group will focus on the process of expressing inner thoughts and feelings into visual form, not the art product. No prior artistic experience or skill necessary; only a willingness to experiment and try art making. All art supplies will be provided.

The Creativity and
Connection Support group
will meet on Wednesdays
from 1:00p-2:30p from
September 1, 2021 until
November 17, 2021, in
Student Union 302 (room
number subject to change.)
To join, just drop in to SU
302 on Wednesdays at
1:00pm.

For more information, please contact <u>Health, Counseling,</u> and Student Wellness (UC 440) at (859) 572-5650 or <u>hcsw@nku.edu</u>.

Campus Recreation

A Successful RecFEST

On Tuesday, August 24, Campus Recreation hosted RecFEST at the <u>Campus Recreation Center</u>. With nearly 1,000 students in attendance, the Campus Rec Center was full of engaging activities, including inflatables, a smoothie bar, a sport club fair, an eSports lounge, and a tie-dye station. The students had a blast and it was a great way to kick-off the school year! Check out our <u>TikTok</u> of the event!

Intramural Sports - Get in the Game

Check out upcoming sports! Sign up online at imleagues.com.

Upcoming Sports Deadlines
Billiards Tournament (Oct. 5)
League of Legends (Oct. 5)
Indoor Volleyball Preseason Tournament (Oct. 12)
Indoor Volleyball (Oct. 12)

New Game Room at the CRC

Air Hockey anyone? Need a place to relax and have fun? Check out our new air hockey and foosball table in the Game Room, off the main gym.

CRC Job Fair

Mark your calendars for the Campus Rec Job Fair on Wednesday, October 27, from 4:00p - 7:00p in the Campus Rec Center. We will have on-the-spot interviews!



Congratulations to Rose Tempel

Rose Tempel, Director of Health Services, was recently published in The Journal for Nurse Practitioners. Her article, *Expanding the Differential Diagnosis for Recurrent Otalgia: A Case Report*, helps other health care professionals to review, diagnose, and treat an ear

issue. **Congratulations, Rose, on this exceptional accomplishment!**

Tempel, R.A. (2021). Expanding The Differential Diagnosis for Recurrent Otalgia: A Case Report. *The Journal for Nurse Practitioners*. Published. https://doi.org/10.1016/j.nurpra.2021.08.003



Counseling Center

Welcome Colin!

Counseling Services is pleased to welcome Colin Mong, LPCA, to the <u>Counseling Center</u>. Colin will be serving as a staff clinician and is excited to meet students, faculty, and staff at NKU.



University Police

Self Defense Class

University Police will be offering in-person, free self-defense classes this semester. The November class is already full! A second class has been added on the following dates (students must attend all three classes):

November 29, 2021 - 12:00p-1:30p December 1, 2021 - 12:00p-1:30p December 3, 2021 - 12:00p-1:30p

Please contact Office Autumn Ruehl at <u>ruehla2@nku.edu</u> to reserve your spot!

NKU Community Care Team

Student Emergency Fund (SEF)

In response to the ongoing public health concerns, and to help our students in need during this unprecedented time, NKU created the Student Emergency Fund (SEF), supported by donor generosity. Applicants should be enrolled at least 1/2 time during Fall 2021 (undergraduate, graduate), be in good academic standing, and be willing to share some information about the financial hardship related to the disruption of your NKU education.

To learn more about the students who have been awarded money from this fund, please visit the <u>Student Emergency Fund success stories website</u>. To apply, please visit the <u>Community Care Student Emergency Fund website</u>.

Interested in contributing to student success and persistence through the SEF? Learn more about <u>your ability to impact</u> students lives.



Student Engagement

Big Pink Volleyball

It's time again for Big Pink Volleyball! Sign-ups are now open and we want you and your organization to get involved!

Big Pink Volleyball is an amazing way to have fun, get competitive, and raise money for St. Elizabeth Hospital's Breast Cancer Center. October is National Breast Cancer Awareness Month and 100% of proceeds go to Fort Thomas St. Elizabeth Hospital's Breast Cancer Center.

The event is October 5, 2021, starting at 2:00pm. The entrance fee for teams (max of 6 per team) is \$25. We are also offering t-shirts for \$10 each. If you would like your organization's logo on the t-shirts, you can contribute an additional \$50. This is a bracket-style tournament with the following divisions:

Fraternity & Sorority Life
Faculty/Staff
Housing (RAs/Halls)
Registered Student Organizations

Sign ups close on **Tuesday, September 21, 2021**, so be sure to sign up your team today! Please follow the <u>registration link</u> to secure your spot.

Student Conduct, Rights & Advocacy

University Conduct Board

The Office of Student Conduct, Rights & Advocacy is interested in hearing from faculty, staff, and students interested in serving on the University Conduct Board. This group of NKU faculty, staff, and students is charged with evaluating situations involving possible violations of the Code of Student Rights and Responsibilities. This work is considered university service and will count as service in staff performance evaluations, faculty annual activity reports/RPT dossiers, and will count for 2 credits for Leadership University for

Our office moved this training fully online to meet the public health needs of the campus community. Please visit the <u>interest form</u> to register for UCB training and we will contact you with more information.

students. Trained UCB members will receive a letter of service for consideration in these, and other, processes.





Student Wellness

Warrior Run: The Race for Life

1-in-5 people struggle with mental illness in the U.S. and suicide is the second leading cause of death for college students. The stigma of mental health still prohibits many people from seeking help and getting support. The Warrior Run strives to promote mental health, eliminate the stigma of suicide and increase programming in schools and universities.

NKU is proud to participate in the Warrior Run each year to raise awareness about mental health and provide counseling services and suicide prevention on campus. This year, more than ever, we see the need for support and understanding. With the pandemic still a major concern for many people and so many uncertainties facing our communities, we recognize how critical mental health services are at this time.

The race will be held in person and virtually this year on October 2, 2021, at 5:00pm in Mairemont, OH, so you can complete it in one day or over time. The cost is just \$10 for students (15 - 22 years old), \$30 for adults, and includes a race t-shirt. You can also make donations under the NKU team page and all of the money raised comes back to our campus to support mental health programming. Please encourage students and student groups to get involved.

Join team NKU NORSE at www.cincywarriorrun.org and be a part of our college challenge team as we compete against local universities to raise the most money, have the most students registered, and help our community find their path to wellness.

Questions can be directed to Siobhan Ryan Perry at ryanperrys1@nku.edu.

Norse Violence Prevention Center

NVP Engaging Men Subcommittee

Interested in helping to create a safer environment for students on our campus? Norse Violence Prevention is looking for masculine aligned faculty and staff to join the Engaging Men committee. This committee works to bring masculine-aligned students into the conversation around interpersonal violence and to establish lasting messages and programs around healthy masculinity. If you are interested in joining the committee or have questions, please email NVP's Project Coordinator, Sammi Murrell.

Faculty/Staff Bystander Intervention Workshops

Join the Norse Violence Prevention Center for an interactive workshop on bystander intervention. Learn strategies to prevent interpersonal violence, tips on how to best support students who have already been impacted, and resources available to students, faculty, and staff. Register online. Choose one of the following:

Session I: Monday, Sept. 20 // 10:00a-11:30a // SU 109 Session II: Tuesday, Oct., 26 // 10:00a-11:30a // Zoom Session III: Monday, Nov. 15 // 10:00a-11:30a // SU 102

Mental Health Self-Care

October 7, 2021; 2:00p-3:30p; SU 302 (or via Zoom)
Join Norse Violence Prevention and the Office for Student
Accessibility for Mental Health Self-Care: Grounding for Survivors,
Allies, and Friends. Learn strategies using all your senses to stay
focused on the here and now. This event is open to survivors
and allies. Registration is required. If you are attending in
person, please note that you will still need to register via Zoom.

Norse Violence Prevention Center Fall 2021 Interns

NVP is excited to welcome four interns to our team this year:

Milena Steele joined the Norse Violence Prevention team in May and will graduate in December with her Bachelor of Social Work. She has been advocating for victim-survivors of power-based personal violence targeting underserved populations for the past 15 years.

Kaetlyn Dyer returned to the NVP office in August as a Master of Social Work intern after previously serving as NVP's Bachelor of Social Work intern. She currently works as a crisis intervention specialist for the lon Center for Violence Prevention. She is excited to return to the office to advocate on behalf of students and work on creating a campus that is safe and accepting for survivors of interpersonal violence.

Miranda Miller is a senior at NKU studying social work. She transferred to NKU her junior year after earning an associate degree in social work from UC Clermont. Restorative justice is a huge passion for Miranda. She is very excited to work and learn with the Norse Violence Prevention team to help make NKU's campus a safe environment for all students.

Sarah Eifert is serving as Public Relations intern for the Norse Violence Prevention Center. She is a senior studying Public Relations. She is excited to connect students to opportunities and services that Norse Violence Prevention has to offer. She wants you to follow @nkunvpc on Instagram and Twitter and @NVPCenter on Facebook!



Fraternity & Sorority Life: NPHC

Greek 411

Students interested in joining an NPHC fraternity or sorority are required to attend a session of Greek 411. Upcoming sessions include:

September 28, 2021 6:00p - 7:00p Student Union 104

October 7, 2021 6:00p - 7:00p Student Union 108

Back II Life, Back II Reality

The NPHC Stroll Off will occur on September 24, 2021, in the Student Union Ballroom, starting at 6:00p.

(Doors open at 5:30p.)

This year's event will be hosted by @BriTheBull.

Dish it Up

Join a weekly interactive discussion about current topics affecting students' lives, NKU, the United States, and globally. Dish it Up is a safe space for students, staff, and faculty to engage in civil discourse and learn from others. Dish it Up will occur every Tuesday from 12:15p - 1:15p in Student Union 324 from September 7, 2021 until December 7, 2021.

Questions can be directed to DeVanee Lasley at lasleyd1@nku.edu.

Norse Violence Prevention Center

Date the Rainbow

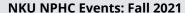
October 20, 2021; 3:00p-4:30p; SU 109 (or via Zoom)

There are multiple relationship dynamics that can be healthy and affirming. Regardless of relationship dynamic (monogamous, polyamorous, long-term, casual dating, asexual/aromantic squishes, platonic, etc.), all people deserve healthy and beneficial relationships. LGBTQ people are often left out of conversation of healthy relationships and sexual education so many folx don't know or understand the warning signs. Intimate partner violence affects LGBTQIA+ relationships in many of the same ways as it affects heterosexual relationship with an added layer of homophobia, heterosexism and transphobia.

In this interactive and engaging program, participants will learn the aspects of a healthy and unhealthy relationships, the components of abuse and affirmative consent, statistics of sexual violence in the LGBTQIA+ community, relationship planning and the steps to being a supportive and empathetic partner.

This event is co-sponsored by Norse Violence Prevention, the Office for Student Accessibility, and LGBTQA+ Student Initiatives.

Registration is required. If you are attending in person, please note that you will still need to register via Zoom.



September

Sept. 15: NPHC Kickball Game, 6:00p - 8:00p (CRC) Sept. 16: Movie in the Pool, 6:00p - 8:00p (CRC Pool) Sept. 17: Bonfire, 7:00p (Northern View) Sept. 20 - 21: NKU Blood Drive, 10:00a - 4:00p

Sept. 24: Stroll Off, 6:00p-8:00p (SU Ballroom)

October

Oct. 11: FSL Airbands, 6:00p - 10:00p Oct. 14: NPHC Family Reunion, 6:00p - 7:00p (UC 335) Oct. 28: NPHC Field Day, 6:00p (CRC Aux Gym)

November

Nov. 2: NPHC Family Reunion, 6:00p - 7:00p (UC 335) Nov. 18: NPHC Thanksgiving Potluck, 6:00p - 8:00p (BCM)

December

Dec. 2: NPHC Paint N' Sip, 6:00p - 8:00p Dec. 7: NPHC Family Reunion, 6:00p - 7:00p (UC 335)





