



MARCH 2022 | VOL. 2, ISSUE 3

# STUDENT AFFAIRS SPOTLIGHT

*A Monthly Newsletter Publication of NKU Student Affairs*

## WOMEN'S HISTORY MONTH STORYTELLING EVENT



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Norse Violence Prevention and Khrys Styles from the K.A.S.S.I.E. Project are collaborating to offer an evening of storytelling. In honor of Women's History Month, we invite you to join us for a Legacy of Hope: Stories of the Women Who've Inspired Us. Tuesday, March 22, 2022; 6:00p; Budig Theater





# NATIONAL WOMEN'S HISTORY MONTH 2022

## **TUESDAY, MARCH 1**

### **CELEBRATE WOMEN FAIR**

STUDENT UNION SECOND FLOOR LOBBY // 11 a.m.-2 p.m.

The Celebrate Women Fair will include both on and off-campus agencies, organizations and health care options that focus on serving women!

## **WEDNESDAY, MARCH 2**

### **NPC/NPHC BADGE/PIN DAY**

Wear your Greek badge/pin on this day in support of your sorority or fraternity!

## **TUESDAY, MARCH 8**

### **INTERNATIONAL WOMEN'S DAY**

Wear purple, green, white & donate to a women's charity.

## **THURSDAY, MARCH 17**

### **STUDENT ENGAGEMENT SERVICE FAIR**

STUDENT UNION SECOND FLOOR PLAZA // 11 A.M.-2 P.M.

Meet local nonprofits where you can volunteer your time.

## **TUESDAY, MARCH 22**

### **PERSONAL SAFETY SEMINAR**

STUDENT UNION 105 // NOON-1 P.M.

Presented by the University Police Department. Participants are welcome to bring their lunch.

## **TUESDAY, MARCH 22**

### **LEGACY OF HOPE: STORIES OF WOMEN WHO'VE INSPIRED US**

BUDIG THEATER // 6 P.M.

Join the Norse Violence Prevention Center and Khrys Styles from the K.A.S.S.I.E Project for a night of storytelling!

## **TUESDAY, MARCH 22**

### **SIGMA GAMMA RHO SORORITY INC. SISTERS' CIRCLE**

STUDENT UNION 104 // 6:22 P.M.

## **WEDNESDAY, MARCH 23**

### **WIKIPEDIA EDIT-A-THON**

STEELY LIBRARY // 2:30-4 P.M.

This special Women's History Month event will teach you how to edit Wikipedia articles and how to add more entries about women in medicine and health. No experience or preparation necessary. Coaches will be available to help. Please join us and make a difference! Snacks provided!

## **THURSDAY, MARCH 24**

### **WOMEN IN FILM SPONSORED DOCUMENTARY BE NATURAL: THE UNTOLD STORY OF ALICE GUY BLANCHE**

GRIFFIN HALL DIGITORIUM

6:00 P.M. // LIGHT SNACKS AND NETWORKING

6:30 P.M. // FILM

8:15 P.M. // Q&A WITH THE AREAS TOP FEMALE FILMMAKERS

Sponsored by Norse Film Society.

## **WEDNESDAY, MARCH 30**

### **HEALTH IN THE COMMONWEALTH**

STUDENT UNION 106 AND 107BC // 11:30 A.M.-1:30 P.M.

Local vendors sharing information about women's health issues ranging from heart disease to sexual health. Get STD and HIV tested!

## **THURSDAY, MARCH 31**

### **TRANS\* DAY OF VISIBILITY**

STUDENT UNION SECOND FLOOR TABLE // 11 A.M.-2 P.M.

Trans\* Day of Visibility is meant to shine a light on and uplift the voices of the trans\* community.



## BLACK HISTORY MONTH

The [Center for Student Inclusiveness - African American Student Initiatives](#) was happy to host another Black History Month Celebration in 2022! Interim Associate Director, Greg Moore, issued the challenge and our Norse community responded! Moore shared, "Thanks to everyone who contributed to the month-long celebration. From new to continued partnerships, we were excited to have representation within the Division of Student Affairs, Academic Affairs, Alumni, Student Organizations, Faculty, Staff and community members."

We kicked the month off with a Black History Month Photo Challenge (hosted by the Black Alumni Council), then held a virtual Free Your Mind Fridays: Black History Month Edition, which was a huge success on our second Snow Day. Other events included a Chat & Chew Series (with NKU History Department and LGBTQA+), where the Norse Community was able to come together to discuss topics including *Black Portrayals in the Media*, *Love is More than a 4-Letter Word*, *I Am Black History*, and *Black Girl Magic*.

Other successful events included *All We Do Is Step, Stroll & Hop* (with NPHC), *Melanated Movie Nights* (with APB), *Movement is Medicine* (with Campus Rec), and *Black in Blue* (with UPD) featuring black officers from various Kentucky Police Departments.

The Annual Black History Month Keynote Speaker event featured April Ryan, CNN Political Analyst & theGrio D.C. Bureau. She is the only Black female reporter covering urban issues as a White House Correspondent. April shared a wealth of knowledge about the importance of education, black journalists, her own lived experiences that molded her, and even 20+ years of challenges she faced while serving through several White House administrations. A smaller group of attendees were able to connect with April during a brief Meet and Greet after the address, where April shared more inspirational facts about her life and being Black in the journalism world. April was extremely down to earth and even inspired the group with her encouraging words.

We closed out the last full week of Black History Month with the inaugural *Ultimate Black Family Reunion* (co-sponsored by the Black Alumni Council and Black Faculty & Staff Association) allowing students, faculty, staff, alumni, and community members to engage with one another. "I really liked that event. It was different. The way it started with introductions, singing, food, music, line dancing and the group photo. It really did feel like a family reunion, and I appreciated that," said NKU Sophomore Jaelynn Gentry.

We hope that this is the start of a reimagined tradition for years to come. This work is so important for the community, and we can't do it all without the Norse family. Please make sure to stay updated about events by following [African American Student Initiatives](#) on social media and use the hashtag [#nkuBHMcelebration](#) if you've attended/made posts for Black History Month.

**Cosponsors include but aren't limited to:** Division of Student Affairs, Division of Academic Affairs, NKU's History Department, College of Arts and Sciences, Black Alumni Council, Black Faculty & Staff Association, LGBTQA+ Student Initiatives, National Pan-Hellenic Council, Activities Programming Board, Campus Recreation, University Police Department, Norse Violence Prevention Center, Student Conduct Rights and Advocacy, Alumni Engagement & Annual Giving, University Housing, Student Conduct, Rights & Advocacy, Sigma Gamma Rho Sorority, Inc., Delta Sigma Theta Sorority, Inc., Omega Psi Phi Fraternity, Inc., Health Counseling & Student Wellness, Black Business Association, Campus Outreach, Center for Student Engagement, plus more



# BLACK HISTORY MONTH: IN PICTURES



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Danielle Polion





## Upward Bound Updates



Upward Bound 2022 will start on June 13, with students moving into the NKU residence halls on June 12. Classes and field trips will be held from June 13 - July 15.

Students are already meeting in person and virtually, getting to know each other and preparing for the program this summer.

Upward Bound at NKU has also submitted a renewal of the Upward Bound grant for NKU through Research, Grants, and Contracts to the US Department of Education. This funding will cover operations in Upward Bound from 2022-2027. NKU staff expects to hear about the successful grant between May and August, 2022.



**ERIC BROSE**  
Retirement

A fixture at NKU for 26 years, Eric Brose, Director of Upward Bound, will retire on March 31, 2022. Eric joined Northern Kentucky University on June 9, 1996. On one of his very first days here, Upward Bound students moved into Norse Suites for the summer program and then got on the NKU Bus for an overnight college visit. According to Brose, it has continued to be a wonderful ride ever since.

Eric has served on numerous Student Affairs and university committees, worked on Homecoming, reviewed campus climate issues, and assisted a variety of departments over the years. Eric was instrumental in starting [SAFE at NKU](#). SAFE stands for Staff, Administrators, & Faculty for Equity and is a group that promotes an equitable and safe academic environment at NKU and facilitates and guides educational, administrative, and personnel policies that affect the welfare of the NKU community, regardless of sexual orientation or gender identity.

Eric also had the honored distinction to serve as the staff regent from 2009 - 2012. This entailed sitting on the Board of Regents and making decisions that impacted the growth and direction of the university, setting the stage for the success Northern Kentucky University has been able to achieve over the past 10 years.

In offering his goodbye, Eric said, "None of this would have been possible without the commitment and support of colleagues Judy Welsh and Brenda Rigg, whom I will miss." He also sends his gratitude to former colleagues, including Cathy Dewberry, Delaine Fong, Gena Grigson, and Rees Storm. "We had a lot of good times!", said Eric.

Eric also wanted to offer specific thanks to "legendary" Dean of Students, Bill Lamb, who initially hired Eric to NKU. Eric wishes all the best to current participants in the Upward Bound program, alumni, and the faculty, staff, and administrators of Northern Kentucky University. We want to wish him the best!



## HEALTHY U

### Beauty and the Beast

A message from Health, Counseling, & Student Wellness (UC 440)

Spring is an amazing time of year. Students emerge for outdoor activities and the campus is a buzz with energy. Landscapes display pops of color combined with fragrant smells providing glorious views in every direction. With that **Beauty** comes the **Beasts of Spring** in the form of seasonal allergies, insect stings and the dreaded accidents and injuries as we kick start our outside activities.

NKU's [Health, Counseling & Student Wellness](#) would like to recommend that if you have seasonal allergies, mitigate their impact by **simple preventative actions**. Stay hydrated. Avoid common allergens, wear a mask to filter pollen and dust. Take antihistamines and prescription medication as directed, before and during your allergy season. Phone APPs such as pollen tracker and pollution alerts can identify days that you may be a risk for more serious symptoms. Shower after exposures, don't sleep or nap in allergen exposed clothing or bedding. Vacuum and dust your living spaces, keep windows closed, change the air filter in your residence.

**Prevention is the Best** way to deal allergies rather than endure the awful punch of the side effects including headache, sinus pressure, ear pain, watery eyes, fatigue, sneezing, runny nose, post nasal drip, cough and sore throat.

Pollinators like bees, wasps and other insects cultivate our landscape, but they pack a painful and lasting punch. If you are allergic to insect stings, keep your emergency medication handy, wear a medical alert bracelet or ID to help you get the care you need in a timely manner. Often quick but simple actions such as ice or cool compress to area may provide relief. Over the counter hydrocortisone cream help decrease the itch and swelling.

Poison Ivy, Oak, Sumac and other plants have protective oils on foliage if contacted with the skin results in uncomfortable itching with blisters for weeks. Be aware of your surroundings; wear protective clothing or wash exposed skin immediately. These are prevalent plants in the area. If symptoms develop over the counter treatments, cool compresses as well as avoiding hot showers, and scratching the skin may lessen symptoms. For more severe symptoms, see a medical profession treatment or a prescription to help with the skin irritation.

Now that you are in the know, **get outside** and enjoy the **best** aspects of **springtime**.

## Drug Take Back Spring 2022



Each year Health, Counseling, & Student Wellness and NKU University Police partner to provide a safe place to dispose of unused, expired, or unnecessary medications. The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications (DEA).

The event will take place in the Student Union Lobby on April 27, 2022, from 10:00a to 2:00p. Any questions please contact Siobhan Ryan Perry at [ryanperrys1@nku.edu](mailto:ryanperrys1@nku.edu).

Last year's April Take Back Day event brought in 839,543 lbs. (420 tons) of medication.

Sponsored by the [U.S. Department of Justice Drug Enforcement Administration's Diversion Control Division](#), National Prescription Drug

Take Back Day was established to address a crucial public safety and public health issue. According to the 2019 National Survey on Drug Use and Health, 9.7 million people misused prescription pain relievers, 4.9 million people misused prescription stimulants, and 5.9 million people misused prescription tranquilizers or sedatives in 2019. The survey also showed that a majority of misused prescription drugs were obtained from family and friends, often from the home medicine cabinet.

The DEA's Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths.

To find another Take Back location near you, please use the [search feature on the DEA's website](#).

# Student Affairs Updates

## Campus Recreation

### Jedi Training Fitness Class

Tuesday, March 29 from 6:30p-7:30p in the CRC Mac Gym. Channel your inner Jedi! Grab a lightsaber and join this fitness class set to the music of Star Wars. This event is free. Register [online](#); spots are limited.

### Intramurals are Heading Outside

[Register](#) your team or sign up as a free agent.

### 7 v 7 Outdoor Soccer League

*Register by 3/29*

### Softball Tournament

*Register by 3/29*

### Kickball Tournament

*Register by 4/5*

### Mask Update

Starting Tuesday, March 8, 2022, masks will be optional in the Campus Recreation Center. Please continue to check the [Campus Rec website](#) and the [University COVID-19 website](#) for updates.

## Take Back the Night

Tuesday, April 5; 5:30p; UC Ballroom  
Sponsored by Norse Violence Prevention  
and LGBTQA+ Student Initiatives.

*Celebrating the Strength of Survivors  
feat. Kalimah Johnson*



Take Back the Night has long been an important community event that provides a space for survivors and allies to connect and support each other, all while raising awareness of interpersonal violence. This year's event will be a celebration of survivors' strength and resiliency. The event will include a resource fair, keynote speaker, survivor speak-out, and will end with a march across campus. Light refreshments will be provided, and all campus and community members are welcome to attend.



Contact Us