



NKU
BOOKSTORE

NKU

JANUARY 2023 | VOLUME 3, ISSUE 1

STUDENT AFFAIRS AND ENROLLMENT MANAGEMENT SPOTLIGHT

A Monthly Newsletter Publication of NKU Student Affairs and Enrollment Management

A New Start

The Division of Student Affairs and Enrollment Management is excited to welcome you back for a new semester! There is so much happening in Spring 2023 and we want everyone to be involved. Just in January, we already had the MLK Day of Service and we are looking forward to Winterfest and Homecoming. We have new services available to students in the Norse OneStop Center, located in the Lucas Administrative Center on the third floor. We also have a new Student Wellness department, helmed by Tiffany Mayse, who will be working to create opportunities to develop healthier lifestyle choices and support student wellness during their time at NKU. Look for more exciting changes on the horizon as we kick off a new year! We are so glad you are back and we look forward to a great semester!

IN THIS ISSUE...

- Latino Student Initiatives | 2**
- Center for Student Engagement | 3**
- Lavender Graduation | 4**
- African American Student Initiatives | 5**
- SHEREHE | 6**
- Veterans Resource Station | 6**
- Photo Albums | 7**
- Updates and Events | 8-9**

Calendar of Events

The [Student Affairs Calendar](#) is published each semester and contains information about signature programs and events sponsored by Student Affairs offices. For Spring 2023, learn more about the [MLK Day of Service](#), Winterfest, Homecoming, [Black History Month](#), Women's History Month, Diversity Month, Take Back the Night, [SHEREHE](#), and [Graduation](#). The calendar is also a great resource to see how to reach different offices across campus.



Stay up-to-date with the Veterans Resource Station

The next *Tactically Acquired* podcast was released on Jan 13, 2023.

What is the *Tactically Acquired* podcast?

The Veterans Resource Station, in collaboration with the History department (produced by Professor Kevin Eagles) documents military connected living history in a fun and easy environment. We capture the stories of our active duty, guard, reservists, veterans, ROTC, and their families, sharing their stories, adventures, and journeys across the military life cycle.

To get caught up on past episodes and listen to new episodes, [visit Spotify](#) to subscribe.

You can also get engaged with the events offered throughout the semester by the Veterans Resource Station. To stay up-to-date about current and upcoming events, follow the [Veterans Resource Station on Facebook](#).

Latino Student Initiatives

A mission of affirmation, celebration, and education

The Office of Latino Student Initiatives is committed to uplifting Latinx voices via **affirmation** with culturally responsive student support; **celebration** of the diverse Latinx experience at NKU; and **education** through an asset-minded approach while fostering a sense of belonging, academic success, and promotion of intercultural understanding.

For the Spring 2023 semester, Latino Student Initiatives has created a series of programs that embody the spirit of our mission involving students, university, and community stakeholders. *Stolen Education* is a great example of the intentionality in our programming. In partnership with the Institute for Talent Development and Gifted Studies and the College of Education, Latino Student Initiatives will be hosting an event that involves students, university, and community partners through a conversation regarding education policy impact on vulnerable communities. The planning was led by the Director of the Institute for Talent Development and Gifted Studies, Dr. Kimberly Clayton-Code; the Director of Experiential Education and Clinical Placement, Joetta Browning; and Director of Latino Student Initiatives, Tiburcio Lince. The planning included embedding key concepts and learning objectives in courses, engaging education thought-leaders, and in-classroom conversations and discussion.

The *Stolen Education* program will be held on March 13, 2023, from 4:00p - 6:00p in the Eva G. Farris Auditorium (MEP 200). For more information, please visit the [Latino Student Initiatives website](#).



Meet Alejandro Villaseñor

My name is Alejandro Villaseñor and I'm a first-generation college student who came to the United States when I was 13. I started at NKU in Fall 2019. Even though I was undecided about what I wanted to study, I didn't let that stop me from continuing to pursue my dream of getting a degree and making my family proud of how far I could get. I never got involved with any organizations or clubs, until a staff member at NKU from the Center for Student Inclusiveness talked to me about LAMP. I am now the current president of Latinos *Avanzando* Mentorship Program (LAMP) and The League of United Latin American Citizens (LULAC). Being a part of these organizations has allowed me to grow as a person and find people who empower me to achieve in my academics and continue to pursue my degree. After being isolated due to COVID, I decided to get more involved and became active in organizations across campus, including LULAC, Leadership Mentors, PICK STEM, IEEE, Orientation Leaders, and became a Research Assistant in Engineering. This involvement has opened a lot of opportunities for me and made me feel more like a leader. I am grateful for the support all around me. Although graduation is just around the corner, I am prepared to get out into the world and do my best in life.

Center for Student Engagement

So many upcoming ways to get involved!

The Center for Student Engagement hopes you enjoyed your Winter Break and that you're ready to jump into an event-filled semester!

We are thrilled to announce Homecoming 2023: The Show Goes On! During Homecoming, we will be introducing the inaugural "Fire on the Lake" party at 7:00p on Jan 24, 2023, followed by the first APB "Live @ Lunch" on Wednesday, January 25, 2023, at 12:00p (noon). More details will be posted to the [Homecoming website](#) soon!

The 2023 Sophomore/Junior Homecoming Royalty Court will be announced during half-time at the Men's basketball game against Green Bay on Thursday, January 26, 2023. The 2023 Senior Homecoming Royalty Court will be announced during half-time at the Homecoming game against Milwaukee on Saturday, January 28, 2023.

Check out a preview of the 2023 Homecoming schedule below! Join CSE as we celebrate Homecoming the NORSE WAY! Visit the [Homecoming website](#) for full event details.

- **Jan 22:** NKU Women's Basketball Game (Truist Arena), 12:00p
- **Jan 24:** Fire on the Lake (Loch Norse), 7:00p
- **Jan 25:** APB Live @ Lunch (SU Dining), 12:00p
- **Jan 27:** NPHC Step Show (Regents Hall), 7:30p
- **Jan 28:** Men's Basketball Game (Truist Arena), 4:00p

Activity Programming Board

Under the leadership of President Patrick Hirsch, the Activity Programming Board (APB) planned and hosted 15 events during the Fall semester, with a total of 3,100 participants!

APB partnered with Campus Recreation to host the first ever Exam Jam. Attended by over 500 students, this event included personal massages, laser tag, miniature golf, and a slew of great prizes. Visit page 7 of this newsletter to see pictures from the event!

Upcoming events for the Spring include comedian/magician Derek Hughes, a Masquerade Ball, monthly Family Fun series events, Casino Night, and the Exam Jam Spring Finale!

Welcome Tyler Olges



Tyler Olges, an NKU alumni, has returned to give back to the institution he loves so much. Tyler serves as the Student Support Specialist for CSE, in addition to managing the department budgets. Tyler also oversees the student workers and advises the Freshman Service Leadership Council. He will start the MPA program this semester! Welcome to the team!

UCAP Textbook Lending



The UCAP Textbook Lending @ Steely Library allows students to borrow textbooks for an entire semester. These books help NKU students earn higher GPAs, stay at NKU, and continue on the path to graduation! Students who borrow a book are invited to meet with UCAP staff for a financial and academic wellness check.

To borrow a book

Students must visit the 3rd floor Public Service Desk of Steely Library to borrow a book. Students will need the title of the book; to find the title, visit the Steely Library course reserve site and look for the UCAP links.

To donate a book

Students can drop off their textbook at the UCAP front desk in UC 120 or at the 3rd Floor Public Service Desk in Steely Library.

Fuel NKU

Fuel NKU is partnering with the Campbell County Extension office to offer an educational series for quick and easy meals for college students. Join us on the third Wednesday of the month from 1:00p - 2:00p for a real treat. Please [RSVP here](#).

Fuel NKU Hours for Spring 2023

Monday: 11:00a - 3:00p
Wednesday: 11:00a - 5:00p
Thursday: 11:00a - 3:00p
Friday: 11:00a - 3:00p

University Police

Cycling Classes



Looking for a fun way to exercise? Try cycling!

If you are interested, Autumn Ruehl will be teaching a 7:00a Cycling class on Tuesday mornings at the Campus Recreation Center. All are invited. It is a great way to start your day and reach your fitness goals.



Mental Health America of Kentucky has received a grant to offer **free Mental Health First Aid classes**. We will have two separate class dates available to choose from here on campus. For more information and to sign-up, please [visit the sign up website](#).

Lavender Graduation

The Office of LGBTQA+ Student Initiatives in the Center for Student Inclusiveness hosted its end of the semester celebration honoring LGBTQA+ graduates with Lavender Graduation on December 13, 2022 in University Center Ballroom. Lavender Graduation is an annual ceremony conducted on numerous campuses around the country to honor lesbian, gay, bisexual, transgender, queer, and ally students, acknowledging their achievements and contributions to their school.

The ceremony consisted of a PowerPoint honoring each graduate individually, speeches by Dr. Ashish Vaidya, President of NKU, Dr. Eddie Howard, Vice President of Student Affairs and Enrollment Management, Mrs. Olivia Moragne-Scott, Associate Director of Alumni Engagement, Mx. James Renton, President of Friends of Dorothy, and Mr. Daniel Myers, President of Student Government Association, and a donning of cords and stoles on the graduates by Dr. LaVette Burnette, Director of LGBTQA+ Student Initiatives and Dr. Kinsey Bryant-Lees, President of S.A.F.E.

There were six graduates honored at the ceremony:

- **Ray Archer**, graduating with a Bachelor of Arts in Theatre and Minor: Entrepreneurial Studies.
- **Lin Dames**, graduating with Bachelor of Arts in Communication Studies and Theatre Arts.
- **Quinn James**, graduating with Bachelor of Science in Nursing
- **Mattie Kuechler**, graduating with a Bachelor of Arts in Organizational Leadership
- **Molly Pfetzer**, graduating with Bachelor of Science in Social Work
- **Em Sanning**, graduating with a Bachelor of Arts in Visual Communication Design

The event was attended by 35 supportive faculty, staff, and students to honor the graduate's academic and co-curricular NKU achievements. The support of QPLUS Scholars, peers, faculty, and staff members throughout the graduates' college careers was integral to their success, and a portion of each graduate's PowerPoint slide was dedicated to thanking some specific members of the NKU community who helped the graduate along their journeys at NKU. Lavender Graduation exemplifies LGBTQA+ Student Initiatives goals to welcome, support, and see each student on the gender and sexuality spectrum. We honor and celebrate the importance of community, love, and acceptance, and the atmosphere of that evening encompassed all three. Visit page 7 of this newsletter for a photo album from the event.

African American Student Initiatives

African American Student Initiatives had a successful closing to the Fall semester and is looking forward to bringing more this Spring semester!

Highlights from Fall events are below.

Roundtable

AASI and Norse Violence Prevention concluded their Roundtable Discussion series with the last session focused on Perceptions of Prevention in December. Students were able to actively engage one another while reflecting on their own lived experiences. Roundtable discussions are intended to provide a safe space for Black students and faculty/staff to discuss issues of interpersonal violence and prevention.

NKU R.O.C.K.S. End of Semester Celebration

NKU R.O.C.K.S. ended the semester on a high note with an End of Year Celebration. AmeriCorp Vista, Talitha Edwards, presented all ROCKS families with their semester scores. They accumulated points based on attendance at 1-on-1 meetings, ROCKS meetings, and other involvement. Everyone was able to leave with prizes sponsored by various NKU departments and programs. The family with the highest amount of points received priority for tickets to Cincinnati REDS FEST! ROCKS President, Bry Hall, was able to get tickets through her connections in the Northern Kentucky/Greater Cincinnati community. We are extremely proud of the 2022-23 cohort! They are very involved and take care of business in the classroom.

Feast for Finals

AASI teamed up with the Residence Hall Association (RHA) and National Pan-Hellenic Council (NPHC) for a successful Feast for Finals. The event had over 400 in attendance who enjoyed the traditional late-night breakfast, served by NKU faculty and staff. We had live music by DJ Pretty Boy Troy, who created an inclusive atmosphere for students from various cultures. We can't forget about holiday-themed activities such as ornament decorating and Christmas bingo, allowing students the opportunity to have items as takeaways.

To see pictures from some of these events, please see the picture album on page 7 of this newsletter.

Upcoming Events: Black History Month

African American Student Initiatives is excited to announce a few upcoming events for Black History Month.

Bert & Det Genius Potential: Epic Rap Battles of Black History

Bert & Det produce three skits/emcee battles highlighting contrasting views of famous historical African American men and women. Their viewpoints are highlighted through rap battles encapsulating their competing ideals. This program covers the past, present and future destiny of African American leaders. At the end of each emcee battle, Bert & Det deep dive into the historical backstories behind the captivating lyrics and engage the students in interactive trivia and dialogue.

Karyn Parsons

We are excited to welcome Ms. Karyn Parsons, who will be joining us in honor of Black History Month. She will give a candid talk about her storied career as an actress, author, and business owner. Parsons is founder and owner of Sweet Blackberry, a company that focuses on creating books and media that teach African American history to children.

Tickets can be [obtained on the event website](#). NKU Students get free admission using code **NKUSTUFREE**.

SHEREHE



The Annual Fall Sherehe: Black Graduate Ceremony took place on Friday, December 16, 2022, at 6:00p in the Student Union Ballroom. Sherehe means "Celebration" in Swahili. It is an opportunity to provide Black/African American/African identifying graduates with a more intimate and African-centered means of recognizing and honoring their achievement amongst a community of peers, family, and friends. There were 43 graduates registered, including students obtaining their bachelors, masters, and doctorate degrees. This number of graduates is significantly higher for Fall Sherehe, which usually averages about 12-20 students. Of the registered graduates, a vast majority of them received master's degrees. There were more than 230 supporters in attendance and the program was filled with amazing performances, words of encouragement, graduate reflections, singing, dancing, music, and more. Current students served as event volunteers and continue sharing how they are looking forward to their graduation based on this event alone. This event serves as a new tradition building since so many students see this as a goal to reach one day. For those unable to join the ceremony, the recording can be found on [the AASI website](#).

Veterans Resource Station

The Veterans Resource Station was awarded funding from the Kentucky Veterans Trust Fund to launch a Green Zone Brigade (GZB) Day at NKU. The specific purpose of the Military Affiliated and Veteran awareness, educate, and connection day (or GZB Day) is to showcase our mission as the NKY Veteran Hub and provide resources to our students, faculty, staff, and the community. The GZB Day will highlight our GZB program, but will also allow easy identification of our 116 (and growing) trained Faculty & Staff to provide resources, support, and be an advocate for our Military Affiliated (MA) and Veteran community. Please look for more information to be released in the coming weeks. To learn more about the GZB or to sign up for a future class, please visit [our website](#).

The Veterans Resource Station was also awarded a second grant from the Placemaking Project, allowing them to start "Vets on Mics." The purpose of "Vets on Mics" is to provide an opportunity for military members, veterans, and their family members to share stories about the military connected life and to bridge the growing military-civilian divide through storytelling. A secondary goal and result is to allow for healing to occur for our military connected individuals by sharing their adventures. Look for these pop-up performances around campus and in the community to begin March 2023.

Student Affairs and Enrollment Management Photo Albums

ABP Exam Jam



Lavender Graduation



AASI Feast for Finals



AASI End of Semester Celebration



Student Affairs and Enrollment Management Updates and Events

Student Wellness

Student Wellness wants to help you have a healthy and happy new year. Look for wellness tips in the Student Affairs and Enrollment Management newsletter monthly. This month, we are focusing on how to effectively cut calories without starving yourself.

[myfitnesspal](#) recently produced a blog post that has wonderful detail on effectively cutting calories. One of the big things to remember about cutting calories is that you shouldn't cut them too low. Doing so will "slow the metabolism and cause the body to not want to let go of fat stores because it believes it's in a 'starvation state.'" The optimal amount of calories to cut, according to nutrition experts is "about 500 calories per day if your goal is fat loss."

The best ways to cut calories is to cut garbage calories, use vegetables to fill gaps, and swap low-fiber foods for high-fiber foods. To learn more and link to research and more information, you can [read the blog post on myfitnesspal.com](#).

Office of the University Registrar

Working in conjunction with the academic colleges/schools/departments, the Registrar's Office is finalizing all the degrees and certificates earned by the students for the completion of Fall 2022. That is a total of 1,337 of degrees and certificates, about 100 more than last year (Fall 2021). Also of note: for Summer 2022, there were 615 total degrees and certificates earned by students, an increase of 61 over the previous year!



Campus Recreation

Welcome back, Norse! The **Spring Facility Schedule** is here! We are open seven days a week, and you can find facilities hours [on our website](#).

Discounts

Join Campus Rec today and start your fitness journey! We are offering a **15% discount on all annual memberships**. The promotion runs until January 21, so hurry over to the membership service desk. [Learn more on our website](#).

Campus Rec is offering a **10% discount on all personal training packages** until February 3! Free Campus Rec hat is included with purchase. Sign-up at the front desk or [apply online](#).

Events and Offerings

The Group Fitness Schedule for Spring is now available. All fitness classes are **free** for students and our members. You can view the Spring 2023 fitness schedule [on our website](#).

Register for Spring **Intramural Sports**. We offer seven different sports leagues you can choose from. [Visit our website](#) for registration deadlines and requirements.

Want to stay consistent with your fitness goals this New Year? Please participate in our 12-week **Bingo Challenge** and win a prize! Rules and regulations can be found [on our Instagram](#). Get Bingo vertically, horizontally, or diagonally. Must attend the events and take a selfie of yourself at that event by April 2. Once you hit **Bingo**, direct message **nkucampusrec** on Instagram or email Jessica Reichl at reichlj2@nku.edu to receive a prize.

Student Affairs and Enrollment Management Updates and Events

University Police

On January 2, NKU Police Officer Will DeAtley, Sergeant Bryan Irby, and Lieutenant Will Love went with the NKU Men's Basketball team to a local bowling alley to engage, have fun, build strong relationships, and discuss how success comes from hard work and good decision making. Aside from bowling, Lieutenant Love talked to the NKU Men's Basketball team about how your circle of friends can determine your future success.



Norse Violence Prevention



Norse Violence Prevention will be doing a social media awareness campaign in January for Stalking Awareness Month.

January is Stalking Awareness Month. From RomCom to reality, join Norse Violence Prevention as we talk about the impacts of current stalking representation in the media. Each week will come with a new deep dive into many facets of the conversation. Find the campaign on NVP's [Instagram](#), [Twitter](#), and [Facebook](#)!

If you need support, want to learn more, or need to reach an advocate, please [visit the Norse Violence Prevention website](#) for more resources and contact information.

LGBTQA+ Student Initiatives



Congratulations to our QPLUS Scholars for an outstanding semester with an average 3.21 GPA. Congratulations to KT Grothaus and Michelle Hijduk for a 4.0 semester!



Contact Us