Getting a Position in your Field
by Emily Newell, Student Marketing/Comm. Assistant

Here are tips to use your education, network, and skills to get a career-related position before and after graduation.

See what is out there
Access HireNKU to see what co-op, internship, and full-time positions are currently available. You can find job postings from local and regional companies looking to hire NKU students. Upload your resume to make the application process swift. Searching is easy because you can use filters for a more targeted search.

Talk with a Career Advisor
If you don't know where to start, or even if you just need some advice on your plans, Career Advisors can help you navigate your journey into the world of professional job searching. Call Career Services to set up an appointment.

Update your resume to be career specific
Your resume will start to change when you are looking for a job in your field. Rather than listing all job experiences, you should instead highlight things you have done that relate to your field, including internships, projects, volunteer work, activities, etc. A Career Advisor can help you make these changes if you don't know what you need to change and what you need to keep.

Practice your interview skills
Schedule a mock interview with a Peer Career Assistant. They will ask you questions tailored to your field to help you succeed in interviews. After the mock interview, you will talk about what you did well and how you can be more prepared for your next interview.

Attend a career fair
Career Fairs are a great way to meet employers in our area. Network with organizations in your field and get your name on their radar. If you find an organization that you are really interested in, get a business card and reach out to them after the fair. This is also a good opportunity for you to get to know more about these organizations. Ask questions and find out which organizations are a fit for you.

“Education is not just about going to school and getting a degree. It's about widening your knowledge and absorbing the truth about life.”

-Shakuntala Devi

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Spring Career Events

Career Expo 2019
2/27 | 2-5 pm | SU 1st Floor

Southwest Ohio/ Northern Kentucky Education Career Fair
3/19 | 8:30 am-5 pm
Cintas Center, Xavier University

Teacher Career Fair
4/29 | 3-4:30 pm
University Center, 2nd & 3rd Floor Lobbies

Finding Balance
by Emily Newell,
Student Marketing/Comm. Assistant

College is a constant balancing act. There are classes, organizations, jobs, internships, and usually twenty other things on any given week. Sometimes it can get extremely stressful and overwhelming. Being able to find a happy medium can be challenging at times.

Things to do:
- Write it out: Make a weekly schedule of what you have to do.
- See how much time you are spending on each activity per week.
- Try to cut down in one area, or cut down a little bit from a few different areas (preferably not classes).
- List all of your obligations by importance to you, and focus your energy on what is most important.
- Keep an accurate calendar: If you agree to something, write it down or put it in the calendar on your phone. If you think you will forget it, set a reminder for yourself.

Things to avoid:
- Saying yes all of the time: You need to be able to save some time for yourself. That sometimes means saying no when someone wants you to volunteer your time.
- Double booking: If you know you need to work on homework, then don’t blow it off to do something else. You will either end up staying up too late to get your homework done or you won’t do it at all.
- Booking yourself everyday of the week: Leave one day a week for yourself. If that day comes and you want to do something, that is fine, but give yourself the option to unwind.

Career Services
UC 225
nku.edu/careerservices

M: 8:15 am - 6 pm
T-F: 8:15 am - 4:30 pm

859.572.5680
careerservices@nku.edu

Walk-in Hours

Mon.: 3:30-5:30 pm
Wed.: 9-11 am
Thurs.: 2:30-4 pm

Extended walk-in hours prior to Career Expo:
Fri., Feb. 22: 1-4 pm
Mon., Feb. 25: 2:30-5:30 pm
Tues., Feb. 26: 1-4 pm

There are no walk-in hours on Wed., Feb. 27

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