### FRESHMAN/SOPHOMORE • SPRING 2025

# NEWSLETTER

NKU Career Services



## What Can I Do with This Major?

Have you chosen a major but aren't sure what you can do with it? Do you have a career idea in mind but would like to have a back-up plan? We have a great resource to help with that!

What Can I Do With This Major? features 100 major profiles with information on common career paths, types of employers that hire in the field, and strategies to maximize opportunities. You can browse the list of majors to find yours (or a similar major), then explore the career areas that connect to that major.

Visit the Career Services' website to access this resource for free.



# CANDID Career

Whether you are exploring majors or careers or preparing for a job interview, Candid Career has the videos to help! There are more than 8,000 informational interviews featuring industry professionals. Watch interviews of people in careers you are considering to hear their story and advice.

Visit our career planning page to access Candid Career for free.





### **Finding My Path** *ONE STUDENT'S CAREER JOURNEY* BY: JORDYN ROWE

I wanted to be a teacher when I was in kindergarten, until I learned there were more things I could be. I wanted to be a writer, until I learned that writing jobs aren't so glamorous. I wanted to be a psychologist, until I learned about the accompanying burnout. Now, I'm on track to be a teacher again, but not for the same reasons I originally wanted.

After observing classrooms and having meaningful conversations with teachers, I understand the job better, as well as the impact I can have in this field. I can write, interact with students, work within a system, and have independence within my classroom.

My point? You may not really know what you want to be, because you don't know what the job entails. I wanted to be many different things, until I got involved with each profession.

If you also have many interests but are not certain about your career, there are some things you can do:

- Talk to a variety of people who work in your field of interest. They may have insights to offer that you as a college student may not have considered.
- Ask intentional questions. Think about what really matters to you in a workplace. Don't be afraid to ask employees these questions.
- Shadow people working in that field. See what a day in the life is truly like, rather than only considering the stereotypes and highlight reels.
- Consider the uniqueness you can bring to the field. Do you have ideas that you could implement? Various roles you can play?

I had to explore many fields before I found my career path, but the exploration has made me confident in my choice. Take the time to learn about professions you might be interested in you're worth it.

## Do You Use Handshake?

Handshake is a great resource to use when looking for internships/co-ops and jobs. Information about upcoming events, like career fairs, is on Handshake as well.

If you are an NKU student, you already have a profile. Just log in to Handshake with your NKU credentials!





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