

REBECCA GUNDERSON

1020 Any Road, Highland Heights, KY 40199

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CAREER OBJECTIVE: Full-time position as an Athletic Trainer in a hospital or sports clinic.

EDUCATION

Northern Kentucky University, Highland Heights, KY
Bachelor of Science in Athletic Training, Expected May 20XX
GPA: 3.6/4.0 Multiple Dean's List appearances

CERTIFICATIONS

NATABOC Certified Athletic Trainer, 20XX
CPR/First Aid; Lifeguard; ACE Personal Trainer

WORK EXPERIENCE

Lab Assistant, Exercise Testing and Prescription, December 20XX
Wright State University, Dayton, OH

- Work with the following equipment: metabolic cart, force plate, & portable lactate analyzer
- Prepare exercise prescription, administer maximal and submaximal exercise testing, conduct body composition and hydrostatic weighing, and measure BIA (bioelectric impedance)

Athletic Training Internship, Fall 20XX
Dixie Heights High School, Edgewood, KY

- Worked with junior high, junior varsity, and varsity football teams
- Developed rehabilitation programs for a variety of ankle and knee injuries from the acute stage until return to play

Athletic Training Clinical Rotation, 20XX-20XX
Northern Kentucky University, Highland Heights, KY

- Obtained requisite clinical hours in various off-campus facilities under supervision of athletic trainers approved as clinical instructors.
- Observed and applied knowledge and skills in patient care settings such as Thomas More College, the Florence Freedom, local high schools, and two rehabilitation centers

Gym Attendant, 20XX-20XX
Florence YMCA, Florence, KY

- Developed unique fitness plans for individual gym members; provided weight-lifting instruction
- Scheduled proper maintenance on all gym equipment; insured the safety of all patrons

Fitness In-service, June 20XX
Atria Highland Crossing, Ft. Wright, KY

- Spoke to a group of elderly residents living at an assisted living/retirement community
- Gave suggestions of how to incorporate simple exercises into their daily lives; demonstrated safe stretching and strengthening exercises

VOLUNTEER EXPERIENCE

Northern Kentucky Athletic Training Club, 20XX-20XX; Secretary, 20XX-20XX
Special Olympics, Event Registrar, 20XX)
Missions Trip to Port-Au-Prince, Haiti (Summer 20XX)

- Learned how to cross cultural barriers and interact with another culture
- Assisted with construction of a house and a medical clinic and in medical check-ups of sponsored children