**ANNA ALBRIGHT**

Newport, KY | albrighta5@nku.edu | (555) 555-5555

PROFESSIONAL SUMMARY

A senior Exercise Science student, enthusiastic to start work as a fitness instructor. High-energy individual with a positive attitude, passionate about motivating others to reach their full potential. Skilled in various exercises including yoga, aerobics, Pilates, and cycling.

EDUCATION

Northern Kentucky University, Highland Heights, KY May 20XX

Bachelor of Science in Exercise Science

Minor: Health Science

*Related Courses:*

Lifetime Fitness

Human Anatomy

Nutrition

Advanced Conditioning

RELATED EXPERIENCE

Planet Fitness, Ft. Mitchell, KY August 20XX-Present

*Fitness Intern*

* Assist in all areas relating to fitness instruction including one-on-one and group classes
* Observe personal training sessions; provide mental and physical support
* Demonstrate proper use of equipment including treadmills, ellipticals, and weights
* Create instructional videos on how to sign up for classes

NKU Campus Recreation Center, Highland Heights, KY June 20XX-Present

*Fitness General Assistant*

* Communicate with instructors to plan weekly fitness schedule
* Send interest surveys, and help create event programing
* Assist in class instruction by demonstrating proper form

OTHER EXPERIENCE

Academy Sports, Louisville, KY Summers 20XX, 20XX

*Sales Associate*

* Provided quality customer service by maintaining positive attitude
* Answered questions about sports equipment
* Stocked inventory and created displays

INVOLVEMENT

*Vice President*, NKU Athletic Training Club 20XX-Present

*Member*, NKU Kinesiology Club 20XX-20XX

SKILLS

CPR/AED/First Aid Exp. January 20XX

Group Fitness

Individual Training

Nutritional Wellness