



## **NKU Online Counseling Resources**

Did you know that online students at Northern Kentucky University can access online counseling resources?

These include:

- Learning about mental health, wellness, and substance use
- Finding a therapist
- Domestic violence/sexual assault
- Grief
- LGBTQA
- Suicide prevention
- Veterans
- Find out more about online counseling resources at NKU: <u>https://bit.ly/3Pdc4Li</u>





