

Telehealth Resources

Kentucky:

Viewpoint Psychological Services

<https://www.viewpointpsych.com/index.html>

Kentucky Counseling Center:

<https://kentuckycounselingcenter.com/online-counseling/>

Meridian Behavioral Health Services:

<https://meridianbhservices.com/>

Compass counseling:

<https://compasspaducah.com/telehealth-anywhere-in-kentucky>

Southland Child, Adult and Family Counseling
2039 Regency Rd. Suite 1, Lexington, KY 40503
859-285-2959

<https://www.southlandcafcounseling.com/>

April Jones, LPCC

73 Cavalier Blvd, Suite 309 Florence, KY 41042
859-628-0702

<http://www.positivelyspeakingcounseling.com/>

Ohio:

Integrative Counseling Solutions

<https://www.icounselingsolutions.org/icounseling>

Thrive Point (**Ohio and Indiana**)

<https://thrivepointe.com/how-we-help/telehealth-counseling/>

Online Resources:

Talkspace

<https://www.talkspace.com/>

BetterHelp

<https://www.betterhelp.com>

Eating disorders:

Eating Recovery Center <https://www.eatingrecoverycenter.com/>

Other community resources: food, child care etc.

<https://docs.google.com/document/d/18ZxbUu7wzdu9cOx4iTMYZFISeDr2KZ0FD0mOufLj0Q/edit?usp=sharing>