Telehealth Resources

**Kentucky:**
Viewpoint Psychological Services
https://www.viewpointpsych.com/index.html

Kentucky Counseling Center:
https://kentuckycounselingcenter.com/online-counseling/

Meridian Behavioral Health Services:
https://meridianbhservices.com/

Compass counseling:
https://compasspaducah.com/telehealth-anywhere-in-kentucky

Southland Child, Adult and Family Counseling
2039 Regency Rd. Suite 1, Lexington, KY 40503
859-285-2959
https://www.southlandcafcounseling.com/

April Jones, LPCC
73 Cavalier Blvd, Suite 309 Florence, KY 41042
859-628-0702
http://www.positivelyspeakingcounseling.com/

**Ohio:**
Integrative Counseling Solutions
https://www.icounselingsolutions.org/icounseling

Thrive Point (Ohio and Indiana)
https://thrivepointe.com/how-we-help/telehealth-counseling/

**Online Resources:**
Talkspace
https://www.talkspace.com/
BetterHelp
https://www.betterhelp.com

**Eating disorders:**
Eating Recovery Center
https://www.eatingrecoverycenter.com/

**Other community resources:** food, child care etc.
https://docs.google.com/document/d/18ZxbUu7wzdu9cOx4iTMYZF1SeDr2KZ0FDOMufUj0Q/edit?usp=sharing