

2026 Consumer Directed Healthcare (CDH) Preventive Medications - Standard

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA

ASMANEX HFA
ASMANEX TWISTHALER
budesonide oral inhalation
Peak flow meters
QVAR REDIHALER

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
ATELVIA DR (risedronate DR)
BINOSTO
DUAVEE
EVISTA (raloxifene)
FOSAMAX (alendronate)
FOSAMAX D
ibandronate oral

CAVITIES

CLINPRO
FRAICHE
GEL-KAM
periomed
PREVIDENT
sodium fluoride rinse, gel, cream,
paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-n
GOLYTELY solution (PEG-3350/
electrolytes, gavilyte-g)

COLONOSCOPY PREPARATION* (CONTINUED)

sodium, potassium and
magnesium sulfates

DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
PAXIL (paroxetine)
PAXIL CR (paroxetine ER)
sertraline

DIABETES

INSULINS

HUMALOG
HUMULIN
INSULIN GLARGINE-YFGN
INSULIN LISPRO
LYUMJEV
SEMGLEE-YFGN
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR
TRESIBA
TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR
AGONIST COMBINATIONS
SOLIQUA

NON-INSULINS

acarbose
ACTOS (pioglitazone)
ACTOPLUS MET
(pioglitazone/metformin)
BYDUREON BCISE
CYCLOSET
DUETACT
(pioglitazone/glimepiride)
exenatide
FARXIGA
glimepiride
glipizide
glipizide ER and XL
glipizide/metformin
Glucometers
glyburide
glyburide/metformin
glyburide micronized
GLYXAMBI
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
liraglutide
metformin
metformin ER
miglitol
MOUNJARO

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NON-INSULINS (CONTINUED)

nateglinide
OZEMPIC
repaglinide
RIOMET (metformin solution)
RYBELSUS
saxagliptin
saxagliptin/metformin ER
SYMLINPEN
SYNJARDY
SYNJARDY XR
TRIJARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81mg* & 325mg
aspirin/dipyridamole ER
clopidogrel
dabigatran
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
jantoven
ticagrelor
warfarin
XARELTO (rivaroxaban)
ZONTIVITY

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
FLOLIPID suspension
fluvastatin
LESCOL XL (fluvastatin ER)
lovastatin
pitavastatin
pravastatin
rosuvastatin
simvastatin
ZYPITAMAG

OTHER CHOLESTEROL LOWERING AGENTS

CADUET (amlodipine/atorvastatin)
colesevelam
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid DR
FIBRICOR (fenofibric acid)
LOPID (gemfibrozil)
NEXLETOL
NEXLIZET
NIACOR
niacin
niacin ER
QUESTRAN (cholestyramine)
QUESTRAN LIGHT (cholestyramine
light, prevalite)
REPATHA
VASCEPA (icosapent ethyl)

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

ACCUPRIL (quinapril)
ALTACE (ramipril)
captopril
fosinopril
LOTENSIN (benazepril)
moexipril
perindopril
trandolapril
VASOTEC (enalapril)
ZESTRIL (lisinopril)

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
LOTENSIN HCT
(benazepril/HCTZ)
VASERETIC (enalapril/HCTZ)
ZESTORETIC (lisinopril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS

acebutolol
betaxolol
bisoprolol
LOPRESSOR
(metoprolol tartrate)
metoprolol succinate ER
nadolol
nebivolol
pindolol
propranolol
propranolol ER
TENORMIN (atenolol)
timolol

BETA BLOCKER/ DIURETIC COMBINATIONS

bisoprolol/HCTZ
metoprolol/HCTZ
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)

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CALCIUM CHANNEL BLOCKERS

amlodipine
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT, diltiazem CD)
CARDIZEM LA (diltiazem ER, matzim LA)
felodipine ER
isradipine
nicardipine
nifedipine
PROCARDIA XL (nifedipine ER)
SULAR ER (nisoldipine ER)
TIAZAC ER (diltiazem ER, tiadylt ER)
verapamil
verapamil ER
verapamil ER PM
verapamil SR

DIURETICS

chlorthalidone
DIURIL suspension
hydrochlorothiazide
indapamide
metolazone

OTHER HBP & COMBINATIONS

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors
CADUET (amlodipine/atorvastatin)
PRESTALIA
trandolapril/verapamil ER

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE
(atovaquone/proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE*
BEYFORTUS
DESCOVY*
emtricitabine/ tenofovir disoproxil fumarate (TDF) 200mg/300mg*
ENFLONSIA
PREVYMIS
SYNAGIS
YEZTUGO

OBESITY

ADIPEX-P (phentermine)
benzphetamine
CONTRAVE
diethylpropion
diethylpropion ER
IMCIVREE
LOMAIRA
phendimetrazine
phendimetrazine ER
PLENITY
QSYMIA (phentermine/topiramate ER)

OBESITY (continued)

WEGOVY
XENICAL
ZEPBOUND pens

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICODERM CQ (nicotine patches)
NICORETTE (nicotine gum and lozenges)
NICOTROL NS

VACCINATION*

Anthrax, BCG, Chikungunya, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkey/Smallpox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Respiratory syncytial virus, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne Encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts® Pharmacy Benefit Services manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).

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