



THE LATINO MENTOR PROGRAM FALL RETREAT

# Latino Programs and Services Newsletter

## STUDENT SPOTLIGHT

## ¡Benvenidos!

Hola!

Often times we are so consumed with our work that we forget to tell others what we do. To remedy this, our office has decided to come up with a newsletter. We hope that you find this newsletter informative, and please provide us with feedback. In the meantime, enjoy your reading!

Saludos,

Leo Calderon

Director

## Our Student Spotlights



The student spotlight for September was Juan Maldonado, a junior here at NKU. He is a Geology major and very active

in the LPS office. Juan volunteered for the orientation for our new students this summer and at Freshfusion the first week of school. He is mentor in LAMP and many students look up to him in the program.



Ademir Huerta, October's student spotlight, is a mentor in the LAMP program. He is majoring in child development in

psychology and is looking forward to getting into the pediatric nursing program. He also has experience working with students of various campus youth programs and organizations that deal with young students that are dealing with many different challenges in life. Ademir says "I love to connect with all these students to help them make a change in their life and guide them to find their passion in life".



This month's Student spotlight is Janan Nored. Janan is a Sports Business major, served as an orientation

leader, a member of Sigma Phi Epsilon, and an active member of Latino Programs and Services and African American Programs and Services.

# LPS Overview

By: Diane Maldonado

We have some exciting events coming up for the end of the semester. If you have any questions, please do not hesitate to let us know.



❖ **November 1-30**

Mid-Semester Latino Student Check-in-  
Make sure you sign up to meet with Leo if

❖ **November 1-30**

Mid-Semester Latino Student Check-in-  
Make sure you sign up to meet with Leo if  
you haven't done so.

❖ **November 1ST- December 10**

Annual Toy Drive - Drop off toys in Diane  
Maldonado's office, Student Union 313.

❖ **November 13th**

**from 1:00-2:00 p.m. – FH 113**

Financial Aid Workshop – This event is  
open to everyone. R.S.V.P. To Diane  
Maldonado

❖ **December 6th from 12:00-2:00**  
**Student Union 106**

Virgin de Guadalupe Mass and  
Presentation - This event is open to  
everyone.

❖ **December 6th from 2:00-3:00**  
**Student Union 109**

Virgin de Guadalupe Social - Open to  
everyone but make sure you sign up with  
Diane Maldonado to ensure that everyone  
has something to eat.

## 2013 LATINO ORIENTATION

Latino students went to Potter's Ranch  
to develop leadership skill while doing  
team building activities.

## Latino Mentor Program

By: Kara Thompson



Students Travohn, Lauren,  
and Asael at the LAMP  
training Mixer

R.S.V.P To Kara Thompson if  
you would like to attend events!

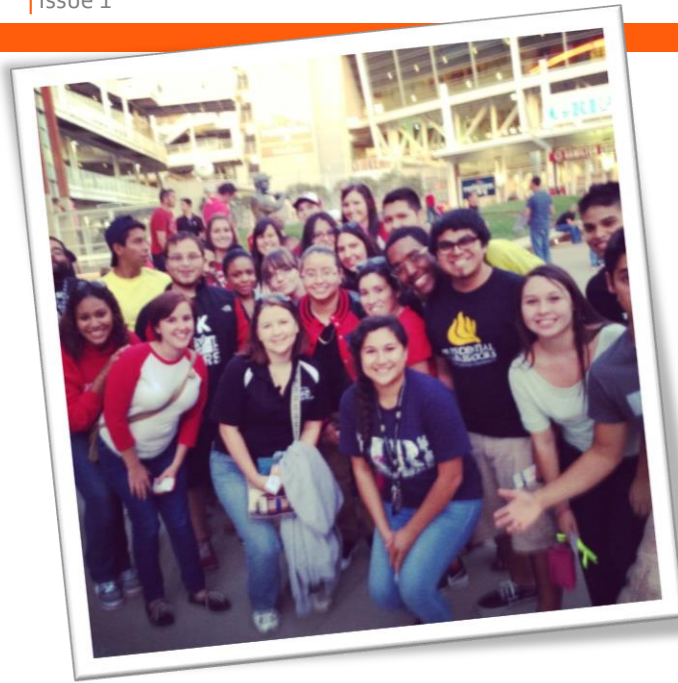
### Upcoming Events:

- ❖ November 13th from 1:00-2:00 p.m. – FH 113  
**Financial Aid Workshop** – Open to ALL students
- ❖ November 22nd from 2:30-3:30 p.m. –SU 108  
**Networking Event**- Open to LAMP students
- ❖ December 4th from 3:00-4:00 p.m. –SU 324  
**Finals Study Session**- Open to LAMP students
- ❖ December 6th from 5:30-9:00 p.m. – UC 270  
**Holiday Mixer**- Open to LAMP students



### Getting Healthy with LAMP

Pictured above are many students eager to try the wonderful HealthyU options on the Wellness tour.



#### FAST FACTS

# 72.8%

2012 Retention rate of Mentor Program students attending NKU

#### LAMP STUDENTS DO BETTER

The LAMP students received higher retention rate than that of all NKU students returning to NKU: 67.2%. Not only is the retention rate higher, but the overall GPA is too. In 2012-2013 the mentor's GPA average was 3.0 compared to all NKU students GPA average 2.97

This section is dedicated to the past events this semester with the Latino Mentor Program and to highlight some of the successes. We have seen much growth and success within the past couple of years. The Latino Mentor Program (LAMP) has over 80 students this semester! A huge increase from previous years in the program.

Among our many events that we have had so far this semester, the Wellness Event seems to be a student favorite. The NKU Wellness Center partnered up with LAMP to give the students an educational experience on their health/wellness. The 22 students who attended were taught how to create healthy meals and how to incorporate

wellness into their daily lives. They educated them on the different food options available at NKU and the different meal plans that they could purchase. The program involved explaining to the students about the HealthyU program and how to make the healthy decisions around campus throughout the day. Many of the students heard about the color

coded vending machine choices for the first time and about the cost of the commuting meal plan for students. Chartwell's also provided the students with a 10% off coupon for any meal at the food court at the end of the event. Special thanks to Rachel Bishop for working with LAMP to provide this event for the students.

**“The Latino Mentor Program (LAMP) has over 80 students this semester!”**

Another event that our students have enjoyed this semester was the Career event. NKU Career Services partnered up with LAMP to help 19 students start the career search process. They discussed what type of person they were and what was important for them to have in their future career. They were given a website to help them pair their values with specific careers that incorporate them on a daily basis. All of the students now feel that they have a better idea of what they need to do to determine their future career choices after attending the event. Career Services t-shirts were also raffled off at the end of the event. Special thanks to Jennifer Richmond for leading this event for the students!



The Latino Mentor Program mentors and mentees have also had the opportunity to apply for the LAMP Retreat. Ten of the LAMP student leaders were selected and invited to attend the retreat to Natural Bridge Park. The students took part in leadership building activities and set goals for their future at NKU along with learning about their own strengths and weaknesses. All of the students participated in activities such as the Trust Walk to build teamwork strategies and communication skills.

#### FOR MORE INFORMATION

If you are interested in participating in the Latino Mentor Program in the future or have any questions about the events, please email Kara Thompson @ [thompsonk14@nku.edu](mailto:thompsonk14@nku.edu).



*This Year's program t-shirts available to any LAMP student who attends a LAMP event.*



Latino  
Programs  
and  
Services  
Newsletter

Contact  
Information:

Diane Maldonado  
maldonadod1@nku  
.edu