

## **OPIOID RESCUE KIT – INSTRUCTIONS**

### **1 ATTEMPT AROUSAL**

Shake them and shout. If no response, grind your knuckles into their breastbone for 5-7 seconds. If they don't wake up, call 911.

### **2 CALL 911**

Call 911. Extra medicine and help for addiction are available in the ambulance and hospital.

### **3 PEEL. PLACE. PRESS.**

- Remove the device from the package.
- Insert and hold the nozzle until your fingers are touching the bottom of their nose.
- Press the plunger firmly to release the dose into their nose.
- If no reaction in 2-3 minutes, give another dose.

### **4 RESCUE BREATHS OR CPR**

- Give rescue breaths with the barrier device inside the box.
- Seal the device over their nose and mouth and breath into the device slowly with 1 breath every five (5) seconds.
- If breathing does not return to normal after 2-3 minutes, give an additional dose using a new device in the alternate nostril.
- Resume Rescue breathing until help arrives or they wake up.

### **5 ROLL ONTO SIDE**

Place in recovery position (on side) and stay with person until help arrives. Naloxone wears off so instruct victim to go with the ambulance.

## **RECOVERY IS POSSIBLE – RESOURCES ARE AVAILABLE**

Get personal naloxone: Ask your doctor or pharmacist.

Find addiction treatment resources: Call SAMHSA's National Helpline: 1-800-662-HELP (4357)

This service provides referrals to local treatment facilities, support groups, and community-based organizations.