SPOTLIGHT ON: HEALTH, COUNSELING, & STUDENT WELLNESS

Located in University Center 440, the Office of Health Counseling and Student Wellness (HCSW) provides a number of services that help students achieve and maintain optimal levels of physical and emotional functioning. Whether you are feeling unwell and need to see their nurse practitioner, need a physical or vaccine, or want to talk to a counselor about a common concern like: stress or anxiety, depression, difficulty adjusting to college life, relationship issues, grief or loss, family conflicts, substance use/abuse, and more, HCSW offers a number of resources to help you take charge of your future. To find out more about their services (including hours, fees, and contact info), go to: https://inside.nku.edu/hcsw.html

Events & Announcements for Mar. 26 – Apr. 8

Please note: Some events may require an NKU ID card in order to attend free or at student rates. You may obtain an ID card by visiting the All Card office: https://allcard.nku.edu/

Learning/Writing Clinic
Every Monday/Wednesday @ 1-3pm // Grant County Center Group Study Room
Are you having trouble keeping up with the readings assigned in your class? Having trouble taking notes in class? Need to polish your test-taking skills? Struggling with a specific writing assignment in your class? Time management is an issue this semester? If any of these issues are an impediment to your being the best possible student you can be, you should drop by the NKU Grant County Center Learning/Writing Clinic in room 217 (Group Study Room). The NKU GCC Learning/Writing Clinic provides an experienced college professor, Matt Birkenhauer, with a long background in helping students who may be struggling in a specific area. If you are coming in to consult about an assignment, bring with you a syllabus or other descriptor of the assignment. If you need help with anything else—keeping up with the readings, managing your time, studying, etc.—just bring yourself. Individual consultant appointments are also available by request.
Hosted by Prof. Matt Birkenhauer; questions? Contact birkenhauerm@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

STEM-Wide Peer Learning Sessions
Every Wednesday Night @ 7-9pm // GH230
Hosted by STEM Ambassadors; questions? Contact buckleyb1@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

Juried Student Exhibition
Mar 15 – 30 @ M-F 9am – 9pm // SOTA Galleries
Juried student exhibitions will be on display.
Hosted by SOTA; questions? Contact knight@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.
C.F. Payne: An American Illustrator
Mar. 27 @ 6:30pm // UC 270 Otto M. Budig Theater
Free Showing. Q&A to follow.
Hosted by SOTA; questions? Contact albrittonm@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

STEM Pizza Supper
Mar. 28 @ 6 – 7pm // GH 230
Hosted by STEM Ambassadors; questions? Contact buckleyb1@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

Open Mic Night
Apr. 3 @ 7pm // SU 102 (Multipurpose Room)
Open Mic Night in Collaboration with LGBTQ Programs and Services for PRIDE week.
Hosted by APB; questions? Contact kochl3@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

STEM Dodgeball
Apr. 5 @ 6 – 8pm // Campus Rec
Hosted by STEM Ambassadors; questions? Contact buckleyb1@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

International Dinner and Talent Show
Apr. 7 @ 4:30 – 9pm // SU 107 (Ballroom)
Come join the International Student Union as they put together a formidable event celebrating all the
various countries and cultures at NKU. There will be food and dancing, among other memorable
happenings. Come and bring all your friends. It is guaranteed to be a fun night. Tickets are available
for purchase in the ISSS office (UC 305).
Hosted by ISU; questions? Email isu@nku.edu.
Let us know you’re coming! To RSVP, email your name and high school to nkusbs@nku.edu.

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For general SBS Inquiries, email nkusbs@nku.edu

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