

## Career Pathways in Human Services and Addictions (B.S.) Major

### Major Description

This program is an introduction to career pathways in Human Services and Addictions. This program offers distinct opportunities for exploring substance abuse disorders, various roles within the helping professions, examination of human development and at-risk populations. Through a combination of coursework and field experiences, students gain practical insights to thrive in this challenging field. Furthermore, completing this major prepares those aspiring to pursue licensure as a chemical dependency counselor.

Students will explore how the pathway in Human Services and Addictions equips individuals to become compassionate professionals capable of assisting a diverse clientele in various settings and roles. Beyond honing skills for individual and group client support, the program covers essential areas such as case management, human services administration, ethical considerations in the field, and cultural competence.

There are two career exploration track options available in this program: Human Services Field Exploration Track and Human Services Addictions Field Track. Students completing course plan B: Human Services and Addictions Field are eligible to apply for NKU Microcredential Addiction Prevention and Awareness. See how to apply below.

### Course Plan A: Human Services Field

1 <sup>st</sup> Semester Course	HSR 100: Society and Human Services
2 <sup>nd</sup> Semester Course	HSR 105: Helping Skills and Techniques for the Human Services Professional
3 <sup>rd</sup> Semester Course	HSR 205: Case Management Skills for Human Services Professional
4 <sup>th</sup> Semester Course	<b>Choose One:</b> HSR 312: Crisis Intervention, or HSR 340: Introduction to Substance Use in Human Services

## Course Plan B: Human Services Addictions Field

1 <sup>st</sup> Semester Course	HSR 100: Society and Human Services
2 <sup>nd</sup> Semester Course	HSR 110: Addiction and Society (1 credit hour course)
3 <sup>rd</sup> Semester Course	HSR 312: Crisis Intervention
4 <sup>th</sup> Semester Course	HSR 340: Introduction to Substance Use in Human Services

### Course Descriptions:

#### HSR 100: Society and Human Services

This course introduces the field of human services, observing human service delivery agencies in operation, activities of workers in meeting client needs, values and attitudes of human service workers, roles and responsibilities of human service workers, concept of the generalist, concepts of human behavior and needs, and strategies and programs for meeting human needs. General Education Credit: Individual & Society (Society & Self)

#### HSR 105: Helping Skills and Techniques for Human Services Professional

This course focuses on skills involved in initiating and conducting an effective counseling relationship, models and theories of helping, establishing the counseling relationship, developing counseling responses, identifying counseling goal, and implementing strategies to bring about improvement

#### HSR 205: Case Management Skills for Human Services Professional

This course offers principles and practices of case management and historical and theoretical models. It provides the beginning human services worker with practical information about brokering and consumer advocacy development, group dynamics, leadership skills/strategies, interventions, and ethical considerations.

#### HSR 312: Crisis Intervention

This course is a practice-oriented approach to understanding and working with individuals and families experiencing immediate crisis, dynamics of the crisis experience, recognizing the crisis situation, interviewing clients in crisis, developing and implementing coping strategies, utilizing resource and support systems, and referral.

#### HSR 340: Human Services and Substance Abuse

Prerequisite: Sophomore standing or department permission

This course is an introduction to the spectrum of substance use and substance use disorders with an overview of historical and contemporary models of addiction, and the impact of substance use on individuals and families.

HSR 110: Activities Therapy (Fall only course)

This course will prepare students to understand the impact substance use disorders and addiction have on individuals, youth, and families. Students will gain knowledge in addiction and substance use disorders in order to effectively develop and implement prevention strategies within the human services profession, or other related fields

Links:

- Department Website: [Human Services and Addictions: Northern Kentucky University, Greater Cincinnati Region \(nku.edu\)](https://www.nku.edu/human-services-and-addictions)
- NKU Addiction Prevention and Awareness Microcredential: [Addiction Prevention and Awareness: Northern Kentucky University, Greater Cincinnati Region \(nku.edu\)](https://www.nku.edu/addiction-prevention-and-awareness)