

Sustainability Newsletter

Volume 6

November 1, 2017

Fact of the month: According to the FAO (Food and Agriculture Organization), for each pound of shrimp caught, up to 20 pounds of bycatch (species caught unintentionally while catching the target species) is discarded.

NKU FUSE (Forum for Sustainability and the Environment)

The next FUSE meeting will be held on **Thursday, November 16th from 10:30 am-11:30 am**. FUSE meetings are roundtable discussions about sustainability at NKU; anyone interested in sustainability or learning more is welcome to attend. The feature topic for this discussion is: “Invest in Sustainability—we will open the discussion to cover other topics as well. FUSE meetings are open to all and please feel welcome to come and go as your schedule allows.

To find out more about FUSE and view prior meetings, click [here](#).

Campus Sustainability Month

October was Campus Sustainability Month. NKU celebrated by hosting a variety of activities; from a garden clean-up to a movie screening, a public forum to a pop-up thrift shop, we celebrated sustainability in style!

Have a Sustainable Thanksgiving



(Photo from Pixabay)

The holidays are often associated with excess: buying lots of gifts, eating lots of food, and spending lots of time with family. Have you ever wondered if there is a way to minimize your footprint around the holidays but still enjoy the same pleasures? Here are five tips to enjoy a sustainable Thanksgiving:

- 1) *Purchase a smaller turkey from a local farm:* By doing so, you will be supporting the local economy and eating less meat, therefore contributing less to greenhouse gas emissions and boosting the local economy.
- 2) *Use actual plate settings and silverware instead of plastic materials:* By doing so, you will be contributing less to landfills and the growing plastic disposal problem.
- 3) *Stay home for Thanksgiving:* It can be difficult not to travel across the country to see family for Thanksgiving, but perhaps think of forming your own tradition here at home. By doing so, you will greatly reduce your carbon footprint, especially if you forego flying cross-country for staying at home.
- 4) *Get outside:* The weather in November is perfect for outdoor activities! Make sure to get outside and enjoy nature instead of watching television, which uses a lot of power!
- 5) *Utilize leftovers:* Instead of throwing out what you don't eat, search for recipes that use your leftover ingredients. Make the most of your Thanksgiving feast!