



Who are my campus advocates?

Your campus advocates are Kendra Massey and Emily Wright.

What does an advocate do?

So much! An advocate can help you navigate your own situation related to dating violence, domestic violence, sexual assault or stalking. Your advocate can assist you with reporting (or not reporting – your choice) options, academic support, working with university police and other campus officials, safety planning, emotional support, finding off-campus support, programming and events, and more.

Is advocacy the same thing as therapy?

While there are similarities between advocacy and therapy (grounding, coping skills and active listening), therapy is a longer-term resource for processing past and present trauma as well as addressing mental health concerns. Advocacy is most helpful in short-term or crisis intervention situations, when survivors need assistance navigating campus and community resources.



**Norse
Violence Prevention**
Student Affairs

How do I reach my advocate?

Kendra and Emily are available in-person on campus Monday through Friday from 8:15 a.m.-4 p.m. in Albright Health Center 246. Both are also available via Zoom or by calling the office at (859) 572-5865.

Can I text or email my advocate?

Yes, you are always welcome to do so. Kendra and Emily know students are more likely to text or email for help rather than make a phone call. They try to respond to all texts or emails within 24 hours, Monday through Friday. Email either at nvp@nku.edu or text them at (859) 474-0148.

Is my advocate confidential?

Yes, advocacy services are absolutely confidential. Advocates are mandated reporters, which legally requires them to make a mandated report when child abuse or neglect is suspected, or if they feel you may harm yourself or others. Otherwise, your conversation stays between you and your advocate.

What is the Norse Violence Prevention Center?

NVP provides advocacy services to students impacted by sexual assault, dating violence and stalking in addition to prevention programming across campus.

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What if I need help outside of office hours?

If you need help and are unable to reach Kendra or Emily, we encourage you to call or text our community partners at their toll free 24/7 hotlines listed below. These agencies serve all survivors of sexual assault, dating or domestic violence and stalking—regardless of gender or other identities.

Women's Crisis Center-Northern KY
(859) 491-3335 - 24-hour crisis line
www.wcccky.org

Women Helping Women-Southwest OH
(513) 381-5610 - 24-hour crisis line
www.womenhelpingwomen.org

NKU Psychological Emergencies
(859) 572-7777
Ask for the counselor on call.