



Retro Revival

April 2025 Edition

Articles written & edited by:
America Gandolfo, Rys Grace, &
Caitlin Drouillard-Ahlich

Conscious Choices, Sustainable Style

It's almost Earth Day, and this month we want to focus on sustainability, conservation, and recycling clothing! Here in the Care Closet @NKU, these values are of the utmost importance. Make sure to stop by one of our events and visit the Care Closet @ NKU to make your impact!

Care Closet @ NKU x Norse Violence Prevention: April Mannequins

This month, our mannequins have been decorated by NKU's Norse Violence Prevention. NVP provides advocacy services to students impacted by sexual assault, dating violence, and stalking, in addition to prevention programming across campus. Their mission is to promote a community of care through comprehensive prevention strategies and survivor-centered advocacy. Their goal is to mobilize every member of the NKU community to be a proactive part of reducing instances of violence through community knowledge and





Thank You!

We had an incredible time seeing you all at our Grand Re-Open House! We had over 150 people stop by to check out the renovated space and gave out over 55 pieces of clothing! We are so appreciative of Brenna Cromwell, a Project Manager with NKU's Planning, Design, & Construction Team, and everyone else who helped to make this a reality!

Important Dates & Reminders

April 1 at 11:30am, LGBTQA+ Student Initiatives is proud to announce the return of the **NKU Pride March**. Come join us TODAY on April 1st to celebrate LGBTQ+ identity. Starting at 11:30am, students can begin making posters inside SU 108. There will be craft supplies available to students who do not wish to bring their own. The march will begin at 12pm outside the SU, and will circumnavigate the campus. The march ends at the amphitheater outside of UC at 1pm. We are ecstatic and cannot wait to see NKU students, faculty, and staff showing up and showing out.

April 1 at 4:30pm, join us in supporting survivors of sexual violence by **Taking Back the Night**. This annual event joins the entirety of campus in support of our fellow Norse brothers and sisters, and raises awareness surrounding interpersonal violence on college campuses. Beginning with a candlelight March throughout campus and culminating with the **'What Were You Wearing?'** exhibition in the SU, Take Back the Night is a great way to kick off Sexual Assault Awareness Month. Show out to support Norse Nation TODAY on April the 1st at 4:30pm.

April 30 is the deadline for filing your application for degree candidacy for Summer graduation with the Office of the Registrar.

Click [here](#) for more important dates throughout the semester.

From Trash to Treasure: Give Your Threads New Life



Looking for a fashion mix-up this Spring? Look no further! We have some awesome tips and tricks on how to upcycle any article of clothing by Tie-Dying!

1. **Prep Your Garment** - Wash it in hot water (no fabric softener) and dry thoroughly. Starting with a clean, dry fabric ensures the dye sets properly.
2. **Create Your Design** - Twist, fold, or scrunch the fabric, then secure it with rubber bands. Check out the pattern examples below for inspiration!
3. **Apply the Dye** - Use squeeze bottles to saturate sections with color. Keep colors separate or blend them for unique effects.
4. **Let It Set** - Place the garment in a plastic bag and let it sit overnight in a cool, damp place. This helps the dye fully absorb into the fabric.
5. **Rinse & Finish** - Rinse in cold water until the water runs clear, then wash separately in cold water. Air dry—and voilà! Your custom tie-dye masterpiece is ready.

These basics will give you a stylish upcycled piece, but don't stop there! Experiment with extra customizations like cropping or distressing for even more flair.

Upcoming CC Events

April 1 - What Were You Wearing Gallery Opening
SU 2nd floor | 7 pm

Join us for the opening of What Were You Wearing. An art exhibit created to challenge the victim blaming mentality and myth that survivors provoke perpetrators with their clothing choices.

Content Warning: This exhibit deals with topics surrounding sexual assault and may be challenging for some viewers. If you need to speak to an advocate, please reach out to Norse Violence Prevention at nvp@nku.edu or call/text (859)474-0148.



April 15 - Panhellenic Clothing Swap
UC 135 | 4:30-6:30 pm

Members of Panhellenic sororities are invited to participate in a clothing swap supplemented by Care Closet @ NKU.

Students are encouraged to bring 5 items of donated clothing to swap and at least 1 item of NKU spirit wear to donate to the Care Closet @ NKU for 1 service hour.

April 23 - Retro Refresh
UC 135 | 1:30-4 pm

Breathe new life into a beloved classic! Give it a second chance to shine and help save the planet while you're at it. Upcycle your way to unique, eco-friendly style.

APR 23

RETRO REFRESH

In collaboration with SOTA:

Breathe new life into a beloved classic! Give it a second chance to shine and help save the planet while you're at it. Upcycle your way to unique, eco-friendly style. Care Closet @ NKU is partnering with SOTA to help you learn new ways to upcycle your wardrobe and clothing items found in the Care Closet!

#NKUSOTA
#NKUCARECLOSET

1:30-4pm
UC 135

APRIL
28

GROOVY SPLASH BAG BASH

1:30-4pm | UC 1st Floor, Under the Bridge

Add a pop of color to your shopping routine by creating a rad, reusable bag with some tie-dye magic with the Care Closet! These reusable bags can be used on your next shopping trip!

Did you know? A cotton bag should be used at least 7,100 times to be a truly environmentally friendly alternative to a conventional plastic bag. If you have extra reusable bags at home, consider donating them to the Care Closet @ NKU!

#NKUCARECLOSET



April 28 - RESCHEDULED Groovy
Splash Bag Bash
UC Outside 1st Floor | 1-4 pm

Add a pop of color to your shopping routine by creating a rad, reusable bag with some tie-dye magic with the Care Closet @NKU!

Student Highlight - Adriana Mellinger

Adriana Mellinger is a current sophomore pursuing her BFA degree at NKU's SOTA! She is the oldest of five siblings and grew up moving around a lot, but a couple years ago her family settled in Kentucky. Some of her favorite things to do are watch movies with family and friends, listen to music, and draw whenever she can! In the Care Closet @ NKU, she specializes in back-of-house, which means she handles a lot of checking in new inventory, prepping pieces to go on the floor, and preparing for events. The back room is where she spends most of her time, but when needed, she's also up front organizing racks and checking out visitors! We asked Adriana some questions about Earth Day, environmentalism, and the Care Closet @ NKU.



1. **What inspired you to get involved with the Care Closet @ NKU, and what do you enjoy most about your job here?** I was inspired to get involved with the Care Closet @ NKU after I found myself in situations where their resources would have helped me. My freshman year, I lived on campus with no car, so getting places was difficult. Because of this, I ended up showing up to events and interviews dressed not as well as I would have liked. Tight budget and transportation struggles had me feeling insecure and stressed about my appearance. I believe being able to dress in clothes that make you feel comfortable and confident is a valuable resource, and once I learned about the Care Closet @ NKU and what they work to bring to students, I wanted to be a part of that. I understand the stress of not being able to get clothes you need, and I want to help students get those clothes. In the same vein as helping students, my favorite part of my job is getting to talk with people

who come in. Whether it's just about their day, or about why they're stopping by, I really enjoy getting to know the people who stop in.

2. **How long have you been working at the Care Closet @ NKU, and what has been your most memorable experience so far?** I started working at the Care Closet @ NKU in August of 2024, so almost two semesters, and I would say my most memorable experience so far was working at Winterfest back in January. It was my first large event with the Care Closet @ NKU after the winter break and one I won't forget. Aside from getting to work with my team, what I enjoyed most from that event was getting to see how many students were able to stop by. There were a lot of people who came in during the event looking for warmer clothes like jackets and gloves after they didn't anticipate the cold weather, and we were able to help them. Working in our usual location, I don't necessarily see students wearing the clothes they find. But at this event, I saw students come in cold, and leave warm to enjoy the rest of the event. I already knew we helped students, but seeing it in real time was amazing.
3. **In your opinion, how does the Care Closet @ NKU contribute to sustainability and environmental awareness on campus?** The Care Closet @ NKU contributes to sustainability by giving students access to second hand clothing. With fast fashion being so rampant today, there are many people who would rather buy something cheap online than seek out second hand clothing stores. This results in money being wasted, which isn't an option for some people, and clothes being used and thrown away at way too fast a rate. The Care Closet @ NKU works to combat this by giving clothes a second life while also bringing the clothes to campus so students, who otherwise wouldn't have access to them, can stop by.
4. **What do you think are the most important steps we can take as individuals or as a community to promote sustainability, both in our daily lives and on campus?** I think the simplest but most overlooked step is trying our best to reduce, reuse, and recycle in our daily lives. I feel like a lot of the time people will recycle a couple boxes and cans and call it good, ignoring the first two steps, reducing and reusing. Paying attention to how much we consume is more important than ever as companies sacrifice quality for speedier and cheaper production. It's become normal to buy cheaper and replace more often, resulting in more and more waste. Yes, recycling is great, but ONLY recycling while continuing this harmful cycle is not sustainable.
5. **Are there any Earth Day-themed initiatives or events at NKU that you're involved in or excited about?** I'm excited for our Retro Refresh event coming up in April! We'll be partnering with SOTA to show students unique ways they can upcycle their clothes. I'm very big on reducing and reusing, so I'm excited to see these aspects of sustainability promoted.
6. **Looking ahead, what do you hope to see in the future in terms of sustainability initiatives on campus, particularly regarding the Care Closet @NKU or student services?** I hope to see less single-use plastics on campus. It seems like a relatively small change, but I feel like this change would promote more environmentally-conscious habits. I feel like FUEL NKU and the Care Closet @ NKU do a great job encouraging students to bring bags with them, and I would love to see similar messages around campus.
7. **What's one simple, sustainable change you would encourage other students to make in their everyday lives?** An easy one I can think of is making a conscious effort to reduce buying drinks sold in single use plastic. For me, I try to avoid buying things like water bottles, and instead opt to carry a reusable one. Changes like this are great for the environment and your wallet!
8. **Do you have any fun or surprising facts about sustainability or Earth Day that you'd like to share with your fellow students?** Did you know that earth day's date, April 22, was chosen to appeal to college students? They chose this

date because it was found that, between spring break and finals, college students were more likely to participate in environmental activism!

Sustainable Spring: New Clothes in the Care Closet @ NKU and How to Style Them

The Care Closet @ NKU has a bunch of new items! The only question is... how to style them? Check out this look book to see how we have styled different outfits completely comprised of Care Closet @ NKU essentials.



Find Your Vintage Vibe

[Discover Your Style >](#)



Peg Adams

Director | adamspe@nku.edu



Caitlin Drouillard-Ahlrichs

Program Coordinator | drouillarc1@nku.edu



Rys Grace

Assistant Coordinator | gardnere4@nku.edu



Contact Us!

carecloset@nku.edu

859.572.7741

Nunn Drive - UC 142

41099, Highland Heights, KY



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