

Breaking Boundaries

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April 2020

APRIL 4—TRIP TO UK CANCELLED

In order to keep our students and staff safe and healthy during this COVID-19 crisis, we are taking the following steps:

1. **The April 4 Trip to UK is CANCELLED;**
2. We plan to see students in school after they re-open;
3. We will contact Sophomore students about summer apartment mate choices in the next few weeks or at the May 16 Summer Orientation;
4. We hope to host the Senior Dinner on May 6, but this will depend upon restaurants re-opening;
5. We hope to have the May 16 Summer Orientation for Sophomores and their Parents, but this will depend upon NKU and Kentucky allowing groups of this size to meet;
6. We hope to have the six week summer program. This will also depend upon NKU and Kentucky allowing groups of this size to meet.

We will keep participants updated by text, our NKU Upward Bound Facebook page, on Remind, and by newsletter. If you have questions, please feel free to call or text Eric at 859-750-0259, Judy at 859-760-0853 or call our main office at 859-448-8930.

Stay Healthy!

MARCH 7 ROUND-UP

The March meeting was a great opportunity for students to reconnect with friends and make new ones. Those students who didn't attend really missed out. We were fortunate to have the continued commitment of our alumni Liz Lawrence and Wittney Hardin. A great shout out to Levi Pertuset and Savannah Corwin, who have been enthusiastic and welcoming assistants at meetings during this year.

Twelve teams competed during the day through three sports and six academic/critical thinking events. A sudden death question determined the final rankings. The top teams were:

- Honorable Mention—Alyssa Harper, Jasmine Powell, Saki Zapote
- Runners-Up—Kennedy Detwiler, Landen Tomlin, Caroline Turner
- Champions—Atalya Lewis, Jacyn Harvill-Green, Vanessa Paxtle

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PHOTOS FROM MARCH 7 MEETING



Students play Giant Pink Volleyball



Wallyball builds team spirit



Another great round of basketball



1st Place—Congratulations



2nd Place—Good teamwork



3rd Place
It was close!

STUDENT SPOTLIGHT



The final spotlight of the 2019/2020 year is a senior who attends Gallatin County High School. Atalya Lewis has been a great addition to Upward Bound during the past three years. She has missed very few meetings and has been consistently on the “A” Honor Roll which attests to her work and school commitment.

More about Atalya . . .

If I had \$50, I’d . . . buy copic markers.

I’ve been known to consume large quantities of . . . Mac & Cheese.

In my earlier days, I was known as . . . Tally.

Once people get to know me, they’re probably surprised to find I’m . . . very loud.

I wish I could . . . travel to Spain.

I’d rather be . . . late . . . than . . . absent.

I feel I’ve really accomplished something when . . . it turns out how I had planned.

A quality I most admire in other people and why is . . . loyalty because I want to be around people who would do anything for me.

My family is . . . the most important thing to me.

A positive influence in my life and why has been . . . my parents because they have taught me to be humble and have a good work ethic.

I hope people see me . . . as a good friend.



SENIORS, consider the following local Scholarship:

The Cincinnati Scholarship Foundation—deadline: April 30. Contact/web:

www.cincinnati-scholarship-foundation.org

Applicants need to submit their most recent high school transcript and Student Aid Report (SAR) with the application. This is a collection of scholarships and the foundation staff will connect applicants to the appropriate ones. Although it says Cincinnati, it also covers **Boone, Campbell, and Kenton counties**.

Off to College Scholarship Sweepstakes—deadline: early May. Contact/web: www.suntrust.com

SENIORS—Return Information to Colleges

Seniors, please remember that if the college or university you plan to attend has asked for “Income Verification” forms, you need to complete them, sign them, and send them back as soon as possible to secure your Financial Aid package. Also, Housing forms and deposits need to be returned before May if you plan to live on campus.

Northern Kentucky University

Upward Bound
421 Johns Hill Road
Highland Heights, KY 41099

PH: 859-448-8930

[inside.nku.edu/
upwardbound.html](http://inside.nku.edu/upwardbound.html)



POSTSECONDARY (education after high school) DEFINITIONS

Major: The student's primary area of study. It's the subject in which the student is awarded a degree, such as English, Political Science, Graphic Design, Chemistry, etc. A student must declare (decide) on a major by the beginning of the junior (3rd) year of college.

Credits/Hours: Each college course is labeled with credits, usually 3. This means a student spent 3 hours/week in class for a semester (15 weeks). This does not include time for reading, completing papers, study groups, and preparation for exams. (Colleges on a quarter or trimester system may refer to credits in a different manner).

Degree: Colleges award this to students who finish the requirements they need to graduate. Associate = 2 years; Bachelor = 4 year degree.

Grants: Like scholarships, grants are awards and are not paid back. However, students who don't keep up their grades or who do not register full-time (12 credits/semester) won't continue to receive them.

Loans: These must be paid back and, generally, the payments begin six months after the student attended or graduated from college.

Remember: students must keep their grades up (we recommend a 2.8 GPA to be safe for KEES and Cap) and enrolling for 12 credit hours to maintain Pell. Students who go below 12 credits are considered part-time and receive a reduced Pell amount.

College tuition is like a car's sticker price. What is published is the most that students would pay. However, federal grants like Pell and state grants like KEES and Cap reduce the amount a student (and family) will pay in college costs as we've talked about this year.