

# INJURY OF THE MONTH

## NECK/CERVICAL PAIN

### WHAT IS NECK PAIN?

Neck pain is sensation or **discomfort** in the neck and **cervical** area. Neck pain can result from disorders of any of the structures in the neck, including the **cervical vertebrae** and **intervertebral discs**, nerves, muscles, and blood vessels. Neck pain may be caused by injury, **inflammation**, or infection.

### WHAT ARE THE SYMPTOMS?



- Neck **soreness**
- **Stiffness, tingling**
- **Pain, numbness, or weakness** in the arms, shoulder blades
- **Numbness** or loss of strength in the hands

### HOW CAN AIRROSTI HELP?

Airrosti providers consistently and effectively treat musculoskeletal conditions by **addressing the cause of pain**, not just mitigating the symptoms.

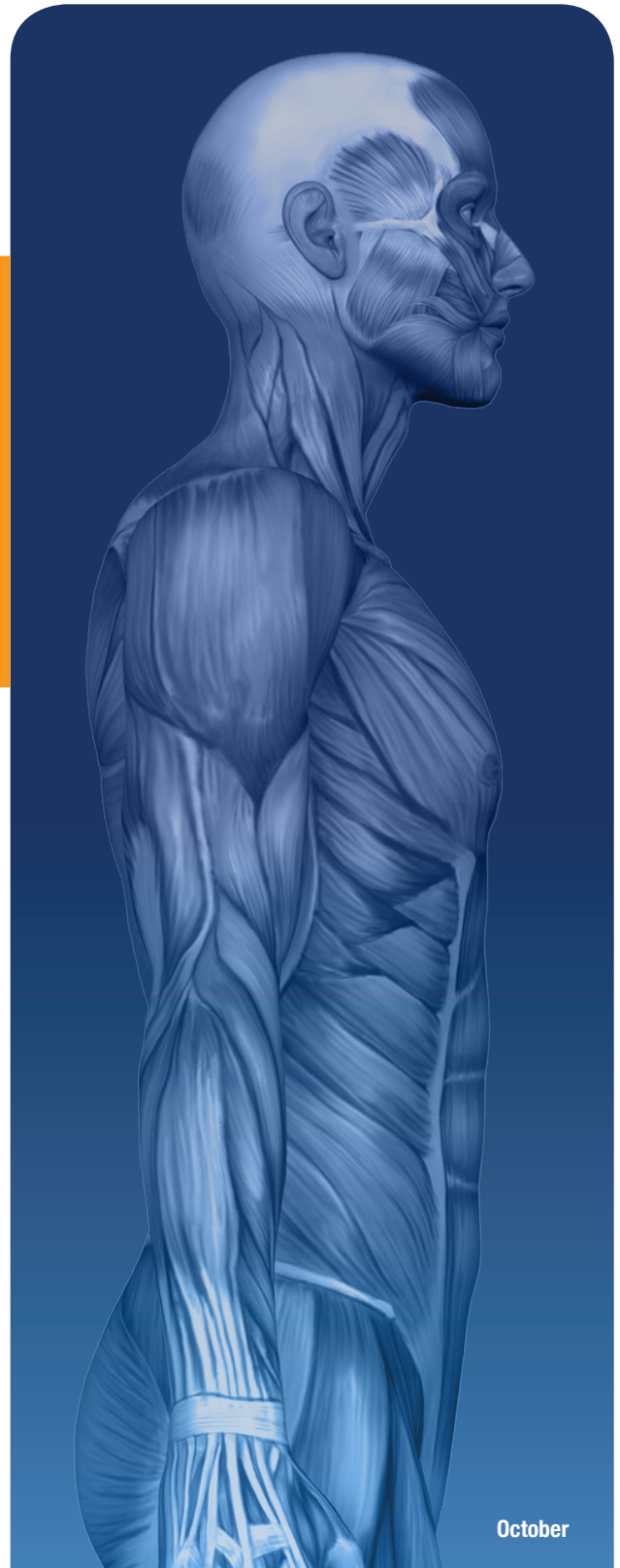
- Detailed examination to diagnose true injury
- Quality one-on-one patient care
- Highly specific, non-invasive manual therapy
- Individualized active rehabilitation program
- **Avg. number of Airrosti visits to resolve most conditions = 3** (based on patient-reported outcomes)

ASK YOUR DOCTOR OR CALL TODAY TO SCHEDULE:

**(800) 404-6050 | Airrosti.com**

 AIRROSTI

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Wellness



October